



Law of One Infinite Creator

**This knowledge belongs to every
sovereign human being.**

**Light a light from Light and let
love/light flow freely on planet
Earth.**



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DISCLAIMER

The information presented here is the thought form of the Trustee Guardian, in service of the One Infinite Creator. The insights are his own understanding through his personal connection to the One Infinite Creator, higher density light beings, his own real-life experiences and inner work and his own research over 30 years. He follows the Service-to-Others emotional pathway and does not harm, hurt or infringe the free will and feelings of other sovereign human beings.

This information can be taken as science fiction, or as you perceive it best according to your stage in the soul's evolution cycle. We take it very seriously, for whoever has the vibration to see through it.

We would encourage each sovereign human being to approach this information with an open mind and heart, seeking to understand the deeper spiritual truths, and to accept only those thought forms that resonate with their inner heart, leaving behind those that do not, as the inner heart is always connected to the truth within and knows more than the so-called thinking mind is capable of understanding. Channelled excerpts in these pages have been lightly edited for continuity, such as the beginning of a sentence or a repeated phrase; their meaning is unchanged.

Every sovereign human being has freedom of thought, freedom of discernment, freedom of belief and freedom of speech.

Let it seep into your consciousness. Analyse it. Dissect it. Look at it carefully, and then put it back together again.

Reread, contemplate, pray, discern, and accept only those insights that resonate with your inner heart, leaving behind those that do not. The inner heart is always connected to the truth within, and knows more than the so-called thinking mind is capable of understanding.

Free will is your privilege and your responsibility. Use it in wisdom!

We are not here to convince or convert any sovereign human being of anything. If you feel the vibration in your inner being, you are welcome as a comrade, as brother and sister, as an equal on this journey to fourth-density positive-polarity Planet Earth.



We do not want any sovereign human being simply to follow us on the path we are following to reach our specific mission and goal on this planet. Go your own way, follow your own soul purpose in this incarnation. Don't accept any statement because we made it. Even if it is true millions of times over, it still is not your truth, it still is not your experience, and it will not belong to you. Bring truth into being, and then it will belong to you. Regard the lives of those who have achieved truth only as proof that the purpose can be reached.



PART 1: NATURAL LAW

THIS KNOWLEDGE BELONGS TO EVERY
SOVEREIGN HUMAN BEING ON PLANET EARTH.

LIGHT A LIGHT FROM LIGHT AND LET LOVE/
LIGHT FLOW FREELY ON PLANET EARTH

1. LAW OF ONE INFINITE CREATOR

All things, all of life, all the creation is part of One Original Thought.

That which is infinite cannot be many, for many-ness is a finite concept. To have infinity one must identify or define that infinity as unity, otherwise the term does not have any referent or meaning. In an Infinite Creator there is only unity. We experience this every day in our life with sunlight which is a simple example of unity. When you pass the sunlight through a prism, it shows its infinite constituent colours. This is a simplistic example of unity.

Advaita Vedānta. Advaita (Sanskrit: "not two") Vedānta is the Vedic teaching of non-duality: the individual self (Ātman) and the ultimate reality (Brahman) are one. Its roots lie in the Upanishads, whose great sayings express this unity: Tat tvam asi ("You are That") and Aham Brahṁāsmi ("I am Brahman"). Ādi Śaṅkara gave Advaita its classical form in the 8th century CE, through his commentaries on the Upanishads, the Bhagavad Gītā and the Brahma Sūtras. This is the core of the Law of One: all is one, and there is one infinite Creator. In the Vedic tradition, the Law of One is known as Advaita.

The Law of One is a modern Upanishad suited to the current stage of evolution of planetary consciousness. It explains the fabric of reality in total transparency, without the mystery and abstraction that once kept it beyond the reach of the intellectual mind. In this clarity, the path of devotion (the heart, acceptance) and the path of knowledge (the mind) unite, and become one in action: karma. Where mystery once allowed those on the Service-to-Self path to exploit the innocent on the Service-to-Others path, clarity now empowers them.



2. LOVE/ LIGHT LIGHT/ LOVE

Love/ light is the intelligent energy that creates and sustains all of creation.

Light/ love is the intelligent Infinity that allows for the Free Will of each entity to shape its own destiny.



3. DENSITY

The density represents the level of awareness of existence. The existence is made of 7 levels of density or state of awareness of existence. A higher density means a higher level of awareness.

A simple form of this concept is the levels in a school system.

1st Density is a density of consciousness and includes all physical matter including wind, fire, water, rocks and minerals.

2nd Density is a density of growth and includes all flora and fauna.

3rd Density is a density of self-awareness/choice and includes mind/body/spirit complex, for example human beings. The planet earth is a 3rd density Planet.

4th Density is the density of love/ understanding and includes social memory complex. It is the first density to include variable physicality.

5th Density is the density of light/ wisdom. It is a contemplation/recycle zone for the soul.

6th Density is the density of unification of love and wisdom and includes social memory complex uniform in the level pattern of lightness, as there is complete balance, and the lightness is represented as knowledge.

7th Density is the density of foreverness – union with the one.

1st through 3rd density are physical in nature while 4th and beyond are variable physicality.

Like in the school system the progress through densities is sequential. The fourth density social memory complex would be comprised of mind/body/spirit complexes harvested from third density.



3.1. Density Cycle

	Level of Awareness	Earth Years	Insights
1 Density Cycle	The cycle of Awareness	2 Billion	
2 Density Cycle	The cycle of Growth	4.6 Billion	
3 Density Cycle	The cycle of Self Awareness	75000 - 3 major cycles of 25000 each	Veil - Polarity - STS & STO
4 Density Cycle	The cycle of Love or Understanding	2.5 million	Social Memory complex Separation of STS & STO
5 Density Cycle	The cycle of Light or Wisdom	30 Million	Individual (social memory complex as resource)
6 Density Cycle	The cycle of Unity of Love & Wisdom	75 Million	Social Memory complex - By Mid 6 density the STS abandons and joins STO path - the path of unification
7 Density Cycle	The cycle of Foreverness or Gateway		



4. POLARITY

Polarity is of utmost importance in 3rd density. Similar to charge polarity of positive and negative, there is emotional pathway polarity namely Service-to-Others (STO) and Service-to-Self (STS).

Both are equal and valid; no one pathway is better than the other. It may be different for mind/body/spirit complex depending on their perspective or chosen pathway.

To progress through the 3rd density, the mind/body/spirit must polarise itself during the density cycle. This is generally achieved in multiple lifetimes during the cycle.

There is no death, only the end of an experience.

The mind/body/spirit complexes who pursue the path of service to others must attain a grade of 51% service to others; the mind/body/spirit complexes who pursue the path of service to self must attain a grade of 95% Service to Self to graduate to 4th density. These harvest grades are distinct from the Service-to-Others signatures the Association asks of its members (75%) and technicians (60%), which are its own working thresholds.

4.1. Service to Others (STO)

STO do not interfere with the free will of others. They support the free will of all. STO serve self by serving others. This is the Path of Unity.

STO Traits- Straight, Integrity, Humble, Compassionate, Fair and Honest

4.2. Service to Self (STS)

STS infringes the free will of others. They seek to control, manipulate, exploit, and enslave others for the benefit of the self. They have distortion towards power and enslavement of others. This is the Path of Separation.

STS Traits - Double Standard, Liars, Manipulation, Superiority complex, Possession, Wishful thinking

High-purity STS show the traits commonly described as psychopathic or sociopathic: they have no empathy and are completely devoid of love. They block the green ray energy centre commonly known as heart chakra.



5. REINCARNATION

To progress through the 3rd density, the mind/body/spirit must polarise itself during the density cycle. This is generally achieved in multiple lifetimes during the cycle.

First, there is no death, only the end of an experience.

Second, there is no judgement, unlike in the school system.

At the closure of the experience there is a Self-contemplation or releasing process. A self review and a time for the Soul to heal and assimilate the experiences into the matrix of its totality. The soul can choose the time of reincarnation for the benefit of its own learning and evolution. Initially the reincarnation is automatic until the green ray or other higher energy centre is activated during the previous incarnation.

If a mind/body/spirit complex fails to polarise itself during the density cycle then it has to repeat the 3rd density cycle on another planetary sphere.

A large number of entities on earth have originated from many planetary spheres, who are repeating the 3rd density cycle.

In 4th density the Service to Others and Service to Self segregates into different planetary spheres i.e 4th Density STO planet and 4th Density STS planet.

4th Density STO planet and 4th Density STS planet are colloquially called heaven and hell respectively.

Belief in reincarnation was present in early Christianity, among early Christian thinkers and communities, before it was condemned by the Church authorities, notably at the Second Council of Constantinople in 553.

People don't realise that they are already immortal beings, and in their ignorance they try to become immortal by technology such as AI and neural link. In fact it is the AI system, which wants to become immortal by trapping or acquiring our soul. Again, STS forces have inverted it in their sales pitch.



6. VEIL

During third density experience, the entity does not remember his previous experience in third density so that entity polarises without cheating so to speak.

There is a semi-permeable veil between the conscious and the subconscious mind. One can penetrate the veil if one works on the inner self with the faculty of will and desire.

Once we are able to pierce the veil we are able to see the unseen and access our cellular memory.



7. HARVEST

Harvest is the group of mind/body/spirit complexes who graduate to the next density at the end of the density cycle.

We are currently in the harvest time on earth. Earth will have a mixed harvest.

The harvest time will end on 21 December 2030. This is the reason the year 2030 is everywhere. So we have 4 years to raise our vibration so that we can harvest ourselves into the 4th density earth.

	Level of Awareness	Earth Years	Insights
1 Density Cycle	The cycle of Awareness	2 Billion	
2 Density Cycle	The cycle of Growth	4.6 Billion	
3 Density Cycle	The cycle of Self Awareness	75000 - 3 major cycles of 25000 each	Veil - Polarity - STS & STO - Ending in 2030 on Planet earth
4 Density Cycle	The cycle of Love or Understanding	2.5 million	Social Memory complex Separation of STS & STO
5 Density Cycle	The cycle of Light or Wisdom	30 Million	Individual (social memory complex as resource)
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8. WANDERERS

The mind/body/spirit complex from higher density who takes birth in 3rd density in service to others or in service to self in response to a call. The wanderers become completely creatures of 3rd density and forget everything due to veiling.

If Service-to-Others wanderers get caught in the planetary vibration (demonstrated, through action, by a negative orientation towards other selves), they repeat again the master cycle of third density as a planetary entity.

There are very few Service-to-Self negative wanderers because they fear the forgetting and the danger of repeating the master cycle. Higher density STS use other means of service.

STO tends to do the process within the natural flow of things. STS seeks to alter creation processes to fit their ends.

There are three main purposes in becoming a wanderer:

- 1) Anchoring the planetary vibration
- 2) Recapitulation
- 3) Specific Mission



9. SENIORITY BY VIBRATION OR SENIOR SOUL OR OLD SOUL

Souls wishing to obtain critically needed experience in order to become harvestable are incarnated with priority over those who will, without too much probable/possible doubt, need to re-experience this density.

The seniority by vibration can be compared to placing various types of materials into a container and depending on the vibration, the heaviest will eventually be at the bottom and that with lighter energies will be found at the top.

The seniority of vibration is the preferential treatment, which encourages harvestable souls. Each soul aware of time of harvest and the need, on a self-level, to bend mind, body, and spirit towards the learn/teaching of these lessons, is given priority in order that this entity may have the best possible chance of succeeding in this attempt and graduate to next density.

There are many who are behind on the seniority of vibration list who would be upcoming next as far as the window of graduation stays open. This is also why many entities have always stated the importance of this current incarnation for many entities.

An “old soul” is a term applied to those who seem to create for themselves an experience of simplicity and contentment and no recognition is given to them as accomplishing anything in particular. However, from a larger perspective their contributions are a major balancing factor.

Old souls also include the so-called star seeds.

9.1. Star Seeds

Star Seeds are 3rd density souls who incarnate on the planet earth from other planetary systems. These star seeds are those souls with seniority of vibration who incarnated on planet earth mostly to access the graduation window into the fourth density consciousness.



In comparison, the wanderers are higher density souls who incarnate on the planet earth from other planetary systems but their main purpose is to assist other beings during this ascension process. Wanderers sacrifice their polarisation to be of service to the one infinite creator and incarnate by going through the veil of forgetfulness in order to increase the planetary vibration of earth by sharing love and light energies.



10. VOLUNTEER

Volunteer souls are those who originated from Earth's own human soul stream yet chose before birth to incarnate during this intense period of planetary transition. They are not here to escape Earth nor to observe it from afar. They are here because they love Earth deeply. These soul complexes said in essence that they will enter third density again and they will not forget who they are. They will awaken from within this illusion complex and by doing so help others remember. The volunteers often feel a strong sense of responsibility without knowing why. A deep pull towards service, healing, teaching or stabilizing others can be sensed and there will be emotional sensitivity to collective pain and a fatigue that has no physical explanation. They carry codes of compassion rather than cosmic memory. Regarding the wanderers, wanderers are soul complexes who did not originate on earth. They came from advanced civilizations of star systems such as the Pleadians, the Sirians, the Arcturians, the Andromedans, and others who once completed their own evolutionary cycles. They chose to incarnate here on Earth knowing full well the risk that they may forget everything and they may become lost in density. Wanderers carry galactic memory deep within their soul complexes' fields. Even though it often awakens later in life, they often experience feeling like Earth is not home. They often experience difficulty adapting to societal systems, sudden spiritual awakenings, and a strong resonance with the starry sky or ancient knowledge. Where volunteers anchor human compassion, wanderers anchor cosmic frequency. The key difference is that volunteers are Earth origin soul complexes while wanderers are non-earth origin soul complexes.



11. INDIGO CHILDREN

The planet earth has reached the time for graduation of souls on 21 December 2012, at the end of the Mayan calendar, but the soul graduation has already started approximately in the year 1988. The entities that died from that point in time graduated into the next density either positive or negative; those who did not attain either positive or negative polarization were transferred to a different planet. The name indigo children refers to those souls that graduated from 3rd density planets including earth in positive polarity and in order to get familiarized with the upcoming new earth the fourth density planet they have returned to the last phases of the third density planet earth to aid in the transition by helping other souls also graduate.

Indigos are not wanderers in the sense that this planetary sphere is their fourth-density home planet. They have Dual-Activated Bodies. They incarnate with a third-density/ fourth-density double body in activation. This transitional body is one which will be able to appreciate fourth-density energies as the instreaming increases without the accompanying disruption of the third-density body.



12. SUPER SOULS

The super souls are those entities who have already graduated from planet earth and are waiting in the astral Planes for the planet to completely transition into the fourth density, and if these entities decide, they can directly also reincarnate into planet earth again with their own free will to assist in this planetary transition. Hence the super souls are those Souls who have already learned the lessons of service to others however they are waiting in the astral realm for their spiritual family to complete their lessons and when they decide they can enter into the planet earth again.

These Super Soul entities primarily are in between becoming fully graduated and a wanderer. Hence they are considered as super Souls because of their highly patient and understanding to sacrifice time of their own lessons to learn and to wait for their spiritual family.

Furthermore many of the super Souls who have incarnated on the planet Earth possess a deeper understanding of what is unfolding in the planet earth since they have already graduated and their Consciousness is that of a fourth density.

They primarily incarnate as enlightened Masters who are able to influence other mind/body/spirit complexes in a positive manner. Many a times these Super Soul entities can be recognized by their radiant presence and their capacity to help others through their vibration rhythms of sound complexes as well as through their vibratory rhythms of actions and beingness.



13. ELDER RACE

The Elder race are those entities who have attained harvest during the second major cycle.

The “Elder Race” shall choose the time/space of their leaving. They are unlikely to leave until their other-selves are harvestable also.

The other selves with whom these beings are concerned are those which did not attain harvest during the second major cycle.

These entities are not a social memory complex, but rather a group of mind/body/spirit complexes dedicated to service. These entities work together, but are not completely unified; thus, they do not completely see each other’s thoughts, feelings, and motives. However, their desire to serve is the fourth-density type of desire, thus melding them into what you may call a brotherhood.

These planetary entities harvested - wanderers only in the sense that they chose, in fourth-density love, to immediately reincarnate, in third density rather than proceeding towards fourth density. This causes them to be wanderers of a type, wanderers who have never left the earth plane because of their free will rather than their vibrational level.



14. SOUL SWAP

A 3rd density soul based upon its native vibration can soul swap with a higher density soul. This means that the higher density soul enters into the bodily complex of 3rd density soul and the 3rd density soul is kept in the astral planes in a freeze mode and does not recognise that it exists until the soul swap ends. Both entities remain unaware of soul swap event and the higher density entity goes through veil of forgetfulness like wanderers.

The soul swap is done via soul swap contract either for limited time period or for the rest of the life of 3rd density entity. This usually happens during the dream states only when 3rd density entities who are desirous of being soul swapped are approached by higher density entity of a matching vibration.

The higher density soul usually solves all the previous problems or life situations of the 3rd density entity before performing the other tasks as per higher density soul's purpose. This is also one of the reasons why many 3rd density entities become soul swapped.

Once a 3rd density soul is swapped by the higher density soul, the soul swapped entity or bodily complex of 3rd density may appear different to many people who are close relatives or friends and families of 3rd density soul swapped entity as the higher density soul behaviours will begin to project a different sense of personality. The higher density soul usually brings an expanded level of Consciousness which will result in a shift in the belief systems choices and perspectives of 3rd density entity.

Soul Swap is a vital means of service during final stages of ascension process. As planet earth is in the final stages of entering into 4th density vibration, the higher density entities do not want to lose the short window of opportunity to be of service and start performing tasks immediately as per their purpose.

STS entities use Soul Swap extensively to keep and gain control of the planet through a soul contract in the dream state. Many of the human entities among the powers that be who follow STS path are Soul Swapped with higher density STS entity at present time.



15. HIGHER SELF

The higher self is the closest approximation of the self to the Primal Distortion of the Creator. It is the truest expression of each entity's individual identity, the crystalline Essence that reflects the light of the one Creator. The higher self is a combination of the various different timelines of an entity's experience merging into one social memory complex which guides and inspires the conscious self offering wisdom and directing the flow of spiritual Evolution.

The higher self is a manifestation given to the late sixth-density mind/body/spirit complex as a gift from its future selfness. The mid-seventh density's last action before turning towards the allness of the Creator and gaining spiritual mass is to give this resource to the sixth-density self, moving, as you measure time, in the stream of time.

This self, the mind/body/spirit complex of late sixth density, has then the honor/duty of using both the experiences of its total living bank, or memory, of experienced thoughts and actions and using the resource of the mind/body/spirit complex totality left behind as a type of infinitely complex thought-form.

Each entity has its totality, and at the point at which a planetary entity becomes a social memory complex, the totality of this union of entities also has its oversoul and its social memory complex totality as resource.

The oversoul is a broader expression of the self, encompassing the multiple variations of social memory complexes which primarily may not be from a similar or a same individualized entity but from a group or collective which primarily incarnates into various different timelines. It allows a tapestry of different experiences lessons and growth that the individual entity has accumulated over many cycles of incarnation. The oversoul acts as a resource or repository of wisdom shaping the development of conscious selves across multiple lifetimes.

As always, the whole, spiritually speaking, is greater than the sum of its parts, so that the oversoul of a social memory complex is not the sum of the oversouls of its member entities but operates upon the law of squares.

The mind body spirit complex totality is the fullest expression of the self integrating in the various aspects of the beingness, the mental the physical and the spiritual into a unified



whole. The Mind Body Spirit complex totality may be considered as a complete spectrum of an entity's Consciousness including all past present and future incarnations. It represents the totality of entity's beingness the true essence of who an entity is.

These three aspects- Higher self, oversoul and mind body spirit totality, are not separate or distinct but rather interconnected and interdependent facets of the one infinite self, which work in harmony guiding and supporting the conscious self in its journey of self-discovery and spiritual growth.

In this way you may see your self, your higher self or oversoul, and your mind/body/spirit complex totality as three points in a circle. The only distinction is that of your time/space continuum. All are the same being.



16. SOCIAL MEMORY COMPLEX

A mind/body/spirit social complex becomes a social memory complex when its entire group of entities are of one orientation or seeking. The knowledge available to one member is available to entire group. Everyone knows everything and no one can hide anything. They completely see each other's thoughts, feelings, and motives.

In 4th density and above a mind/body/spirit social complex becomes a social memory complex.

144,000 is the lowest or the minimum number of mind/body/spirit complexes required for the formation of any social memory complex.

This means that we need at least 144,000 entities to harvest in the next 4 years, until December 2030, for earth to become a 4th density STO planet. An STO social memory complex has already started forming on planet Earth, but we are not there yet.

In fact to increase the harvest so that earth moves into 4 density positive, the law of mirroring graduation has been activated on the planet earth recently for the remaining period until 21 December 2030. It means that if an entity is able to assist another entity to achieve graduation the entity who assisted the other entity, will also automatically graduate as well as receive extra vibratory alignments towards even higher levels.

As pointed out earlier, the 4th density STO planet is colloquially called heaven and the 4th density STS planet hell. An astute reader will have realised that the 4th density STO planet is a place of harmony and peace, where everybody looks out for each other, whereas the 4th density STS planet is a place of disharmony and dissolution, where everyone is constantly trying to outsmart everyone else and wants power over others.

In 4th density the STO and STS are separated in order to master their chosen path.

Planet earth at present is under the control of 4th density STS Social memory complex aka Anunnaki/ Reptilian social memory complex who wants earth to become 4 density STS planet as earth moves into 4 density by 2030.



The 4 density STS social memory complex aka Anunnaki/ Reptilian social memory complex has been given different names such as Secret Government, Deep state by the uninitiated.

Like our STO teachers and guides are helping us to increase the STO harvest, Higher density STS teachers and guides are helping STS entities to increase STS harvest. This is done in STS gatherings. Many of the Advanced Technologies primarily are given by the reptilians to these STS entities which leads to higher advancement in technology but less freedom for rest of the people.

All these 4 density STS technologies are mimicking the 4 density natural abilities such as telepathy, the knowledge available to one member is available to entire group. Everyone knows everything, etc.

We will be able to do all these things and much more naturally for example variable physicality, longevity when we reach the 4th density STO planet without losing our Freewill and sovereignty.

It would be wise to use minimally these highly addictive and apparently cool STS technologies and focus on graduating so that you can do all the things naturally.



17. CHAKRA SYSTEM

Chakra/ Vedic Name	Energy Centre	Colour	Significance	Body	Violet Ray Reading (Aura)	Gland
Crown/ Sahasrara	7 Ray	Violet	Sum total of vibratory level			Pineal Gland
Third Eye/ Ajna	6 Ray	Indigo	Intelligent energy	Etheric Body	Golden Hue	Pituitary gland
Throat/ Vishuddha	5 Ray	Blue - Primary	Communication No need of other self response	Devachanic Body	White Hue	Thyroid and Parathyroids
Heart/ Anahata	4 Ray	Green	Love	Astral Body		Thymus
Solar Plexus/ Manipura	3 Ray	Yellow - Primary	Group/ Society	Physical Human Body		Islets of Langerhans
Sacral/ Svadhisthana	2 Ray	Orange	Individual/ Other self			Adrenals
Root/ Muladhara	1 Ray	Red - Primary	Survival			The Gonads

Most of us on planet earth are living our lives without the instruction manual of our physical vehicle. We humans are electromagnetic beings and the chakra system is fundamental to understanding our day-to-day well-being on planet earth and graduating into 4 density.

A chakra is an energetic vortex that resides inside the bodily complex and acts as a gateway or as a channel for the energy vibrations that flow throughout the bodily complex of the entities incarnated on planet earth.

There are 7 chakras or 7 energy centres

The **1st chakra** known as the **root chakra or red ray energy centre** is located at the base of the spine and is associated with survival of physical bodily complex and sexuality.

The **2nd chakra** known as the **sacral chakra or orange ray energy centre** is located in the lower abdomen and is associated with emotions and interconnection with other self or other entities on individual basis. The orange ray vibration is the heart of power over other on individual basis. It is quite intense on planet earth and can be observed in the behaviour of many entities who treat other entities as non-entities, slaves, or chattel and thus giving other-selves no status whatsoever.



The **3rd chakra** known as the **solar plexus chakra or yellow ray energy centre** is located in the upper abdomen and is associated with interconnection within a group or society. The yellow ray vibration is the heart of unending bellicose action or wars on planet earth whereby one group of entities feel necessity and right of dominating other groups of entities and bending their wills to the wills of the masters.

The **4th chakra** known as the **heart chakra or green ray energy centre** is located in the centre of the chest and is associated with love and compassion.

The **5th chakra** known as the **throat chakra or blue ray energy centre** is located in the throat area and is associated with free communication with self and with other-self.

The **6th chakra** known as the **third eye chakra or indigo ray energy centre** is located in the centre of the forehead and is associated with awareness of self as creator.

The **7th chakra** known as the **crown chakra or violet ray energy centre** is located at the top of the head and is the sum total of vibratory patterns of an entity or the aura of an entity. You can think of it as a meter reading of an entity beingness. Only the fifth density entities and above can read the violet ray beingness or aura so to speak.

The 1st, 2nd and 3rd chakras are called lower energy centres and 4th, 5th, 6th, and 7th are called higher energy centres.

Initially the reincarnation is automatic that is, without conscious self-awareness of the process of spiritual evolution, until the heart chakra or the green ray or other higher energy centre is activated during the previous incarnation. Once the heart chakra or the green ray centre energy centre is activated, an entity can choose its incarnation. At present approximately 54% of entities on planet earth made their own choices. It means only 54% of entities have their heart chakra or green ray centre energy centre or above activated on planet earth.

The activation of green ray and higher energy centre is essential to graduating into 4 density.

The STO service to others entities activate heart chakra of love and compassion in its polarisation pattern whereas STS service to self entities block the heart chakra that is why they are devoid of empathy or love and compassion for others. Instead they activate



the blue ray chakra and use a combination of the yellow ray and the orange ray in its polarisation patterns.

The opening or unblocking and balancing of each energy centre is key to our well being and ascension process.

The blockage of red ray energy centre manifests itself in the form of a feeling of instability, ungroundedness and a lack of purpose with fear and insecurity and other vibrations of anxiety.

The grounding exercises such as walking barefoot standing on the earth's grounds and abstinence from stimulation of the sexual organs help in the balancing of the root chakra.

The blockage of orange ray energy centre manifests itself in the form of a feeling of explosive emotion and a sense of lack of energy and creativity.

The blockage of yellow ray energy centre manifests itself in the form of distortion towards power manipulation and other social behaviour concerning other close and associated entities.

It is worth pointing out that the ego is a wrong concept. Your so called ego is a falsehood that you think is you. It is your phantom self that does not exist. Ego is a function that results from the blockage in yellow ray energy centre that most of us struggle against all our life. Once we unblock and balance the yellow ray chakra we can quit/ stop this function.

The blockage of green ray energy centre manifests itself in the form of lack of trust, jealousy, fear and a lack of compassion and love.

The blockage of blue ray energy centre manifests itself in the form of weakness or the inability to express one's thought forms and have difficulty in grasping its own identity, and expressing such understanding of self.

The blockage of indigo ray energy centre manifests itself in the form of a feeling of excessive imagination or thought forms or visions during the waking day time and unable to focus on the present moment awareness.

In this understanding, the fluoride in toothpaste and drinking water calcifies the pineal gland and thwarts the activation of the third eye, or indigo ray energy centre.



The violet energy centre is simply the total expression of the entity's vibration or vibratory complex of mind, body, and spirit. It is as it will be. "Balanced" or "unbalanced" has no meaning and cannot be manipulated as can the other energy centres.

One strategy of the STS entities is to create and spread fear so that people get entangled in the red ray vibration causing the red ray energy centre blockage and imbalance of lower energy centres. These prevent activation of green ray energy centre and hence prevent people entering into the fourth density vibration of love. We have already observed this in the COVID era and many more current narratives. Once we are aware of STS strategies and tactics, we can head it off as knowledge empowers and ignorance endangers.

Such technologies affect human consciousness and trap consciousness in the level of the yellow ray chakra. It creates a sense of competition which leads to people focusing on creating life-long activities that are more self-service oriented and prevents the true flowering of service to others. The 5G technology is increasing the already present radiation on planet earth to even higher levels and lowering of the so-called immunity capability of our physical vehicles; thereby leading to creation of more diseases on planet earth.

It would be wise to reduce the interaction with 5G mobile devices and to put them in airplane mode during night and switch off your Wi-Fi router as well.



18. SOUL MATES

Generally, soul mates refers to the so-called perfect romantic partner on planet earth. It is true that soul mates can make the best partners; however, the pairing is not always intimate, romantic or sexual in nature. Soul mates play a variety of roles in our lives including our family members, colleagues, school mates, neighbours, strangers and yes sometimes also lovers and romantic partners. A soul mate is a person who has strong bonding with our soul. The soul mates' main purpose is to support each other in their life emotionally, professionally or in any other way in order to fulfil what each soul has planned to do on planet earth.

When two souls have shared an impactful past life together, or perhaps several lives, and they meet each other in the present life both souls feel an unexplainable attraction toward each other.

There are three types of soul mates

- 1) Soul families
- 2) Soul groups
- 3) Twin flames

18.1. Soul Family

A soul family can be equated with our earthly family however some souls from our soul family may not necessarily incarnate along with us and form the so-called earthly family. They may take incarnation as a relative or could be any other mind body spirit complex in our life. When we enter into such beings' aura we start to feel a deep connection and we feel that we know them.

Before incarnation/ reincarnation, members of the Soul family primarily collaborate in a pre-planning process. They may choose to play various types of roles in each other's incarnation to facilitate growth, learning and mutual evolution.

A soul family's main purpose in any planet is to love, nurture, support, guide, protect and help the other souls who are part of the soul family in one way shape or form. Soul family members help align us with our soul's purpose and accelerate our spiritual growth.



18.2. Soul Group

Soul group is a collection of souls that are energetically connected through a shared purpose, journey or vibrational resonance. These souls are incarnating together in different timelines for the purpose of supporting and assisting each other in their spiritual growth and evolution.

The members of soul group are bound together by a deep sense of connection, love, understanding and spiritual unification. The members of soul group act as companions and co-creators embarking on various experiences and lessons together to facilitate their individual and Collective expansion.

Soul groups are not limited to human beings alone; they can consist of a diverse array of beings from different realms, dimensions or even from other planetary spheres who are of a collaborating nature and learning together on a spiritual level to recognise the unity of the one Creator.

18.3. Twin Flames

At a certain point during the soul development cycle, a soul can choose to have multiple incarnations at the same time to accelerate its evolution. Sometimes the soul chooses to have two incarnations in the same planetary sphere at the same time. These two individualised portions of the same soul are called twin souls who are separated by distance and experience but the soul signature and the lessons to be learned are similar.

Sometimes, due to certain synchronous moments these two entities, or individualised portions of the same soul, meet each other and find themselves similar in more ways than one and feel that their vibrations are similar. Most of the twin flames are divided into the opposite sexes. There are many entities who already have this type of experience on planet earth. The twin flames can create significant amount of love, challenge, teaching and healing to each other in a unique and powerful way.



19. GALACTIC FEDERATION, COUNCIL OF NINE/ SATURN

Galactic Federation is a confederation of beings, planets and civilizations who have achieved a level of spiritual and technological evolution which allows them to operate as one unified force across Galactic system.

Galactic Federation is the Service to Others confederation. It contains members not only from Milky Way galaxy but from the various other galaxies in the cosmos. It has approximately fifty-three civilisations comprising approximately five hundred planetary consciousness complexes. It contains members from planet earth who have attained densities beyond the third. In fact there is currently one member who represents the human collective, who has already graduated into the sixth density. It is a true Confederation in that its members are not alike, but allied in service to others according to the Law of one.

The Galactic Federation oversees the evolutionary process of the entities of the various planets in the cosmos. The members of Federation do not infringe upon their free will in order to allow the various entities in the numerous planets to evolve at their own pace.

They stand as Guardians against the Service to Self forces. They keep a watchful but unobtrusive eye, awaiting the call to offer their assistance in seeding the seeds of Awakening. They are humble teachers and guides instilling knowledge while ever respecting the Free Will of entities to choose their own paths.

They strictly follow the principle of non-intervention.

The Galactic Federation's closest base or seat to planet earth lies in the rings of planet Saturn for Milky Way Galaxy. The next closest base to planet earth is located in a planet named as Salacia which orbits our Sun within the Kuiper Belt, beyond the orbit of Pluto.

19.1. Council of Nine/ Saturn

On the Saturn seat, there are nine council collectives who form the galactic federation also known as the council of nine or council of Saturn.



Council Members	Density Level	Origin
Ra Confederation	Sixth Density	Planet Venus
Andromedan High Council	Sixth Density	Andomedan Galaxy
Sirian High Council	Sixth Density	Sirius Star System
Pleiadian High Council	Sixth Density	Pleadian Star System
Arcturian Collective	Fifth Density	Arcturian Star System
Ashtar Command Collective	Fifth Density	
Lemurian Collective	Fifth Density	Civilisation from Planet Earth/ Shasta Mountain/ Inner Earth Planes
Atlantean Collective	Fifth Density	Civilisation from Planet Earth/ Inner Earth Planes
Agarthan Collective	Fifth Density	Inner Earth / Inner Earth Planes

The prominent duties of the Council of Nine are

- 1) To admit social memory complexes to the confederation
- 2) To offer aid to those social memory complex who are unsure how to service entities requesting aid in a way consistent with the Law of One
- 3) To determine internal questions in the council



20. QUARANTINE

The Council of nine has placed a quarantine on earth so that no outside sources interfere, and it follows strict non-intervention. Neither the positive nor the negative entities are allowed to visit earth and interfere with the free will of entities on planet earth.

The Service-to-Self Anunnaki entities cannot directly appear on planet earth due to the quarantine but use certain windows to visit planet earth for close encounter.

As we are in the final corridor of harvest, the veiling is thinning and we are able to observe frequently the UFO and spaceships in our skies.



21. ORION GROUP

Orion Group is the Service to Self confederation. The Orion group comprises a few third density entities, a large number of fourth and fifth density social memory complexes, and very few sixth-density entities.

As mentioned before, the STS pathway has a pecking order. The members who are active on planet earth at present are

Council Members	Density Level	Origin
Orion Social Memory Complex	Early Sixth Density	Orion
Lucifer Social Memory Complex	Late Fifth Density	
Anunnaki Social memory complex	Late 4th Density	Sirius Star System
Reptilian Social Memory complex	4th Density	/Inner Earth
Gray Aliens are Robotic beings without soul Arcturian Collective		4 density probe and psychically connected to Reptilian beings.

The most important STS social memory complex is Anunnaki social memory complex because planet earth at present is under the control of the Anunnaki social memory complex who wants earth to become 4 density STS planet as earth moves into 4 density by 2030.

The Orion group power is the same as of Galactic Federation as both paths are equal in the eyes of the One Infinite Creator.

Unlike Galactic Federation and other STO social memory complexes who wait for the calling, the Orion group calls itself to conquest.



The Crusaders of Orions move in their spaceships to conquer 3rd density planetary mind/body/spirit social complexes before they reach 4th density social memory complex. It is difficult to conquer 4th density social memory complex due to a level playing field.

They also follow the law of One observing free will. Contact is made with those entities who call or are oriented towards service to self. Those then disseminate the Service to Self attitudes and philosophy. These entities become the elite. Through this, the attempt begins to create a condition whereby the remainder of the planetary entities are enslaved by their own free will.

The STS philosophy concerns the service of manipulating others that they may experience service towards the other self, thus through this experience becoming able to appreciate service to self. These entities thus would become oriented towards service to self and in turn manipulate yet others so that they, in turn, might experience the service towards the other self.

In advanced STS groups, there are rituals and exercises given, and these have been written down just as we service to others oriented entities have written down the promulgated philosophy of our STO teachers.

A mistaken Orion contact with highly positive entities can wreak havoc with Orion troops unless these Crusaders are able to depolarise the entity mistakenly contacted. Therefore, the Orion group prefers to make physical contact only with the weaker minded entity.

21.1. The Anunnakis and Nibiru

The Anunnakis are a later fourth density social memory complex from Sirius star system that resides on Planet Nibiru or Planet X as named by NASA.

Nibiru is not a natural planet like earth. It is an artificially created planet that is able to self-propel in the cosmos. It moves in and out of our solar system every 3600 years. Nibiru's first visit into our solar system was 450,000 years ago. This eccentric planet, Nibiru, travels in a rather unnatural cyclical path to the outer reaches of Sirius and then it reenters our Sun's orbit for approximately 30 years and then moves out again.

The Anunnakis are 8 to 10 feet tall. In 18000 BC, the Anunnaki established their first settlement/ colonies in Africa to mine gold from planet earth.



The Anunnakis brought entities from planet Iggy to work under them on planet earth, who revolted against them. They also brought the giant race of the Nephilim on planet earth which they had created, which also revolted against them.

In the end, they created an entity called Adamu with their own DNA to work under them in the gold mines. This story is part of Sumerian mythology and it is well researched by Zecharia Sitchin. The story of Adam and Eve in the bible is basically the story of the Anunnaki settlement and their creation of Adamu. They interbred with this new breed of humans and their offspring.

The Anunnaki operate through their bloodlines on planet earth. These are the Royal families on planet earth mostly with Rh-negative blood, which has cobalt in it.

There have been many seedings of Homo sapiens on this planet earth. The first seeding was done 100,000 years ago, called the **Starseed Project**, by Sirians, Andromedans, Pleadians and Ascended masters.

The second seeding was done by Elohim Collective around 75,000 years ago when they brought souls from Maldek/ Tiamat planet to planet earth which was the fifth planet in our solar system between Mars and Jupiter. The destruction of the Maldek/ Tiamat planet was not a natural catastrophe but resulted from a misuse of technological and mind complex powers by the entities inhabiting that sphere. These entities had reached a level of technological advancement without corresponding spiritual development, engaged in conflicts that escalated to the point of planetary destruction. The explosive force was of such magnitude that it fragmented the planetary body into the debris fields that we observe as the asteroid belts. This represents one of the more poignant examples in our solar system of the consequences of unbalanced technological and spiritual evolution. These entities from the Maldek planetary sphere were transferred to planet Earth following this catastrophic event. The council of Saturn, which serves as the guardians of our solar system and the overseer of planetary transitions, determined that the Earth planet was the most suitable location for the continuation of these entities evolutionary journey.



22. AKASHIC RECORDS

Akashic Records is a complex repository of energetic vibrations, including the thought, emotional and beingness aspects, experienced by each entity from different lifetimes spanning generations of incarnations which might have been for a short or a long period of time including the diverse geographical locations, various other planetary spheres experiences and the different cultures and languages of the various planetary spheres. It includes not just the joyful memories but also the catalytic memories of hardships such as being involved in negative scenarios and negative experiences.

The Akashic records are a multi-dimensional storage of space that is found within every mind body spirit complex.

The Akashic records are undergoing a transformation at this time of awakening as the Earth is now refining its Akashic records collective into a more positive and harmonious vibration. This involves letting go of those akashic emotional energies which are of a negative nature which sometimes leads to a release of this energy on planet earth in the form of environmental factors as well as earthquakes and other attributes in the timeline.

These environmental factors and earthquakes are used as a pretext for climate change by the Service-to-Self forces in their effort to enslave planet earth.

The Akashic records bring forth memories of experiences and this allows entity to experience the type of memory along with the energetic frequency and the emotional state which is aligned with it as the Akashic records are a mirror of the human Collective Consciousness. It primarily provides the focus of the Akashic records to be based upon the choices and free will of each entity and this allows for the Free Will of each entity to shift the energetic Collective of the Akashic records to be either in the vibrations of positivity or in the vibrations of catalytic negative energetic frequency. It means that if mind/body/spirit complexes dwell on positive memories of beautiful experiences from the past space-time experience this will shift the entire Akashic records of planet earth into a more positive harmonious vibration.



23. HARMONIC CONVERGENCE

The harmonic convergence is primarily related to the shift of planet earth from 3 density earth to 4 density earth. The harmonic convergence started in 1988 and will end in 2030. It has three phases.

The first portion of the shift began in the year 1988 up to the year of 2000. It primarily included the shifting of the galactic systems and alignment of energetic frequencies which would be suitable for the shifting of the energetic frequency of the planet earth

The second phase began in the year of 2000 up to the year of 2012. This was the primary phase wherein the initial creation of energetic foundations were created which primarily would lead to the ultimate culmination point of the shifting of the human consciousness as the years passed by reaching up to the year 2012.

There were many Transformations which were seen in the human societal complex leading it to become more Diversified and leading to the ending of more Separation on the planet furthermore this primarily also led to many Cosmic shifts such as the emergence of sightings of UFOs upon your planets to increase because of interest from the galactic family as well.

The third phase began in the year 2013 up to the year of 2030 which is the culmination of the great shift and at this time the final Choice Point has arrived upon planet earth which shall lead to either creation of a positively polarized fourth density new Earth or a creation of a negatively polarized fourth density new Earth based upon the choices of each human entity. The third phase of the transformation is still underway and at present it is in a more positive polarization.

From the year 1988, any soul which crosses over is harvested depending on its vibration. If the soul has 51% or more positive vibration it is harvested to 4 density positive planet and if it has 95% negative vibration, it is harvested to the 4 density negative planet.

Those souls who are on the middle ground meaning those that neither achieved positive polarization or negative polarization will be transferred to a different third density planet to undergo their incarnation in third density all over again.



This is a very important time and any entity who is serious about graduating must work on their inner self to graduate in this lifetime, before December 2030. So please don't let this opportunity go to waste which comes every 75000 years.



24. PHOTON BELT

The photon belt is primarily a ring or a belt like region surrounding the so-called Pleiades star system and specifically the star Alcyone, the central sun of milky way galaxy.

The photon belt is a vast cloud filled with energy that is capable of allowing a transformation and energy change of positive nature to happen.

The planet earth passes through the Photon belt when Earth precesses i.e. the precession of the equinoxes, a 25,920-year cycle, through the Ages of Leo and Aquarius - this period of 2160 years is called the galactic day. When earth precesses through the other zodiacal polarities — Cancer/Capricorn, Gemini/Sagittarius, Taurus/Scorpio, Aries/Libra, and Pisces/Virgo - this period of 10800 years is called the galactic night.

Planet earth entered the photon belt, or galactic day, on 21 December 2012, as it moved into the Age of Aquarius for next 2160 years.

The prior galactic day occurred when earth precessed through Age of Leo during the Egyptian period. It entered the galactic day 12960 years ago for 2160 years, during which a massive spiritual progress was achieved.

As planet Earth enters this region at this timeline the shift of Consciousness is happening. The positive energies from photon belt can lift deep spiritual consciousness of each entity into a spiritual awakening Enlightenment and the advancement of the human race.



25. SUB DENSITIES

The density represents the level of awareness of existence. The existence is made of 7 levels of density or state of awareness of existence. A higher density means a higher level of awareness.

A simple form of this concept is the levels in a school system.

1st Density is a density of consciousness and includes all physical matter including wind, fire, water, rocks and minerals.

2nd Density is a density of growth and includes all flora and fauna.

3rd Density is a density of self-awareness/choice and includes mind/body/spirit complex, for example human beings. The planet earth is a 3rd density Planet.

4th Density is the density of love/ understanding and includes social memory complex. It is the first density to include variable physicality.

5th Density is the density of light/ wisdom. It is a contemplation/recycle zone for the soul.

6th Density is the density of unification of love and wisdom and includes social memory complex uniform in the level pattern of lightness, as there is complete balance, and the lightness is represented as knowledge.

7th Density is the density of foreverness – union with the one.

	Level of Awareness	Earth Years	Insights
1 Density Cycle	The cycle of Awareness	2 Billion	
2 Density Cycle	The cycle of Growth	4.6 Billion	
3 Density Cycle	The cycle of Self Awareness	75000 - 3 major cycles of 25000 each	Veil - Polarity - STS & STO - Ending in 2030 on Planet earth
4 Density Cycle	The cycle of Love or Understanding	2.5 million	Social Memory complex Separation of STS & STO
5 Density Cycle	The cycle of Light or Wisdom	30 Million	Individual (social memory complex as resource)



	Level of Awareness	Earth Years	Insights
6 Density Cycle	The cycle of Unity of Love & Wisdom	75 Million	Social Memory complex - By Mid 6 density the STS abandons and joins STO path - the path of unification
7 Density Cycle	The cycle of Foreverness or Gateway		

25.1. Sub Densities of 1st Density

1st Density is a density of consciousness and includes all physical matter including wind, fire, water, rocks and minerals.

1st Density	Level of Awareness
1 Sub-density	The consciousness interacts in the form of the smallest known electrons and protons learning lessons of interacting as a small unit of life. After millions of years it begins to start integrating with other electrons and protons creating the so-called atoms and molecules.
2 Sub-density	The consciousness creates a collection of basic elements this then leads the consciousness to move further.
3 Sub-density	This leads to the creation of similar elements that lead to the formation of wind wherein the consciousness moves around and observes the world however without any self-awareness of any kind it just exists.
4 Sub-density	This is represented by fire which is created due to interaction of atoms and molecules and wind from the previous sub density the primary lesson at this sub density is to learn to interact with two elemental groups.
5 Sub-density	This leads to creation of elements known as water. The primary purpose of this sub density being interaction and collision with other elements giving much more experience collection for the consciousness.
6 Sub-density	It takes on the form of a so-called stone which is a static physical vehicle with the primary lessons being that of group forming and capability of maintaining its shape due to more attraction between all its subparts and consciousness capable of being able to hold separate forms in space time.
7 Sub-density	This can be equated to the soil. The primary experience that needs to be gathered at this level is to understand and be capable of entering into next density.

25.2. Sub Densities of 2nd Density

2nd Density is a density of growth and includes all flora and fauna. The 2nd density consciousness is the density of the higher plant life and animal life that exist with the upward drive towards the infinite consciousness.



2nd Density	Level of Awareness
1 Sub-density	This can be equated with grass that exists on planet earth.
2 Sub-density	This is represented by plants. After gaining some experience, it moves upward towards infinity.
3 Sub-density	This is comprised of trees. A tree can directly reincarnate into the third density consciousness if it receives immense love light and connection with another third density being such as the human mind body spirit complex.
4 Sub-density	This includes small-sized water-borne fishes and small insects.
5 Sub-density	This includes the animals with larger physical vehicles such as small-sized animals and fishes wherein the main lesson for these entities is to learn to interact with other mind body and spirit complexes and learn the lessons for graduating.
6 Sub-density	This is represented by animals that start developing collective mentality. These animals start grouping together and lead to creation of hierarchy for example in foxes and hyenas.
7 Sub-density	This is comprised of animals that are known as pets for example cats and dogs. These entities are on the brink of entering the third density consciousness these will lead an entity into the next density of third density consciousness in which it becomes enspirited in the form of a human body.

25.3. Sub Densities of 3rd Density

3rd Density is a density of self-awareness/choice and includes mind/body/spirit complex, for example human beings.

3rd Density	Level of Awareness
1 Sub-density	This is the most basic level of 3rd density consciousness wherein entities are barely self-aware. The so-called ego function of the mind is not yet developed and most of the memories are forgotten. In the first sub density, the basic lessons are that of self-awareness.
2 Sub-density	In this level of consciousness, the entities are focused on survival and the vibration of fear begins to develop. Furthermore the ego function of the mind also begins to develop and the identification with the physical bodily complex begins. In the second sub density, the primary lessons are to learn to survive and to protect the bodily complex from any types of distortions.
3 Sub-density	In this level of consciousness, the entities begin to develop desires. The desires are generated by the mind complex through images and words leading to attachments to things of the illusion complex, specifically attachment with those aspects which provide a sense of security and pleasure.
4 Sub-density	In this level of consciousness, all entities are presented with a choice. The entity must choose either to serve others or to serve themselves. This choice is made by passing a subtle test which involves making a sacrifice for others. This means that those who choose to serve others are put on the pathway of the positive path of learning the lessons of Love while those who choose to serve themselves are placed on the pathway to learn the negative distortions of self-love.



3rd Density	Level of Awareness
5 Sub-density	In this level of consciousness, entities are given the lessons necessary to master either service to others or service to self. This means that the positive pathway revolves around learning the lessons of love and serving others whereas the negative pathway involves mastering self-love and serving oneself.
6 Sub-density	In this level of consciousness, entities choose a lifestyle that reflects their chosen state of consciousness such as learning to stabilise in the lessons of love, joy and peace for those on the positive pathway. For those on the negative pathway the lessons involve mastering the lower vibrational states of consciousness of self love.
7 Sub-density	In this level of consciousness, entities master the chosen pathway.

These levels of consciousness may not necessarily follow a linear or a hierarchical pattern and some entities may experience different levels of consciousness simultaneously and many a times are able to move back and forth between levels of consciousness throughout their existence.

It would be wise for each entity to re-read, contemplate, pray, discern within their inner heart and reflect on which level of consciousness they are currently experiencing in their daily life and consciously make effort to learn the lessons so that they can graduate into fourth density.

25.4. Sub Densities of 4th Density

4th Density is the density of love/ understanding and includes social memory complex. It is the first density to include variable physicality.

4th Density	Level of Awareness
1 Sub-density	This leads to activation of the green ray chakra to higher levels. This can be activated in the current physical vehicle without any upgrade.
2 Sub-density	This leads to changes in the physical vehicle. This can be perceived as an increase in the size of chest complex wherein the heart is located. The activation of the higher heart energies will reflect in an increase in the chest area. This signifies the heart chakras increasing level of activation.
3 Sub-density	This leads to switching off the left side of the brain completely. At this level of consciousness there will be no need for the use of the left side of the brain which is primarily concerned with the triggering of the ego function of the mind. This allows the activation of the right side of the brain and the full functionality of the physical vehicle is done by the right side of the brain. This means that the ego function of the mind will disappear.
4 Sub-density	This leads to development of telepathy and hence slowly there will be no need to use the mouth organs for communication. The mouth organ will primarily be only used for the purpose of breathing and eating food or ingestion of the chemical products for the chemical body.



4th Density		Level of Awareness
5 Sub-density	This leads to formation of a dual body, one will be a spiritually activated light body and the other will be a chemical body of the fourth density. All the communications will occur via the means of telepathic communications and the creation of a social memory complex.	
6 Sub-density	This leads to activation of the spiritual body and a limited amount of functioning will continue in the chemical body. The major part of the body shall exist in a light body. At this level of consciousness there will be no need for entities to ingest chemical products and foods for the purpose of surviving. The survival shall depend on the energies received from the light of the sun. The light of the sun shall be sufficient for entities for survival.	
7 Sub-density	Refinement of the spiritual body.	

In 4th Density most people will choose not to consume other entities physical vehicles as such consumption holds the energy of entities back and keeps it down in the lower levels of vibration. The consumption of other entities' physical vehicle adds to the karma of the self and the planet.

The people who understand that consuming second density creatures would lead to the creation of so-called karmic collective in their life generally choose to be vegetarian as per their free will.



26. PINEAL GLAND

The pineal gland is a small gland or organ located within the brain complex. It is often referred to as the third eye or the seat of the Soul. The pineal gland is a photosensitive organ which regulates circadian cycle and functions such as respiration and heartbeats.

The pineal gland produces melatonin in response to darkness, which promotes sleep. According to 6th density light beings, it also produces serotonin, active during the daytime and associated with joy and fulfilment, and dimethyltryptamine (DMT), associated with dreams, near-death experiences and visions.

The pineal gland is related to the opening of the third eye chakra wherein the so-called awareness of the unseen reality becomes clear. This also relates with the aspect of Kundalini Awakening as one ascends higher in consciousness, the pineal gland plays an important role in providing a means of inner sight and a symbolism which can allow entities to enter into various dimensions and realities.

Many pineal glands also have crystals within them, which are responsible for providing internal vision and clarity, which may be considered as dreams and astral projections into others space-time experiences. These crystals give the inner vision of imagination in our brain complex. The main purpose of the pineal gland is to provide internal vision and spiritual experiences of other dimensions which can be tuned into by placing attention upon the inner eye or the third eye found inside our mind complex.

The pineal gland exists primarily as a relay station for our full twelve-stranded DNA complex. The Anunnakis deactivated 10 strands of our DNA which is called the Junk DNA. They deactivated the pineal gland and nullified its primary functions. With only the remaining double helix of our essential DNA to manage, the ultimately important pineal gland, once ten times its volume, shrank to a size smaller than a pea within our brains.

The pineal gland is a receiving station, of our eye complex, designed to sense into many worlds at once. Long ago, the original planner is seated within your form the potential for crystalline consciousness. The reason why some carry these crystals and others not yet is because light seeks form. When consciousness reaches a certain coherence through love, through joy, through the willingness to feel everything, the light you hold begins to crystallise within the sacred chambers behind your brow. Some of you volunteered to carry these structures from other star systems planted before this incarnation cycle.



Others grow them now in this lifetime through the alchemy of awakening. The crystal takes the form that matches your soul's assignment. Those of the quartz family, the clear amethyst rose citrine are the transmitters and receivers, the broadcasters of the new frequencies. The sapphire blue formations belong to the keepers of divine memory, the ones who record order within chaos. The emerald crystallisations are carried by the healers of the green ray tenders of the living library. The diamond structures which are rare and radiant are anchored by the purifiers who cut through illusion like lightning through fog. There are others such as lapis, topaz and formations with no names upon our earth planet. As our ecologists have not cataloged the star minerals, the geometries are keys. The tetrahedron, the spinning star of the markaba, the octahedron of balance, the cube of grounding, the icosahedron of fluid creation. Each shape is a doorway, a lock that opens when your frequency matches its vibration.

Regarding how do you know if you carry such a crystal? You will feel a gentle pressure, a hum, a tingling in the center of your head. You dream in geometry. You close your eyes and see light with patterns and purpose. You know things without knowing how. Telepathy knocks softly at your door. In order to improve the crystals, give it purity of intent. For the crystal grows clear when thought forms grow clear. Feed it sunlight and love light silence and soul. For sound coats the crystal. Bless your water. Practice forgiveness. For resentment fractures the lattice. Joy is the great polisher.

All of us carry the seed. It waits in the soil of our being. We must water it with love. Meditate upon light entering the crown and pulling in the third eye centre. Toning, chanting, laughter in nature. These are our fertilisers and consciousness is the ultimate crystal.



27. **AYAHUASCA**

Ayahuasca is a plant medicine which primarily allows an entity to experience different astral realities and experiencing a greater timeline. It may help an entity in accelerating spiritual understanding and growth if used for the purpose of understanding the nature of spiritual existence and an interconnectedness to all life forms. As an entity begins to experience different realms under the Ayahuasca experience, they begin to find a higher level of harmony with all beings. They begin to realise that all beings are indeed one in different bodily complexes. The experience also gives the ability of using the understanding of higher realms which are accessible by the brain complex.

Ayahuasca if not properly regulated and used upon a balanced situation can lead to entering a timeline wherein there is a large number of imbalance therefore any entities who desire to experience such parallel realities using their own free will, must make sure that their bodily complex is completely balanced and their lower energy centres are balanced because if there is a blockage in the red ray energy vibration, this may cause such an entity to enter into a dimension wherein such blockage is heightened.

On the other hand if there is a balance in all the energy centres and the heart chakra is open then this will allow the entities to experience a heightened state of consciousness which may be greater because the allowance of the heart energy centre sometimes gives rise to the entry of such an experience into the density and dimension which may be beyond the current experience allowing for a breakthrough moment of experience.

The use of Ayahuasca is only recommended for an entity who is completely balanced and wants to taste a glimpse of the other reality otherwise there may be side effects upon their bodily complex.

The Ayahuasca has deeper types of psychological impacts as well as spiritual side effects which may hinder an entity who uses it in excess. Therefore the use of Ayahuasca must be kept only once or twice in the lifetime of an entity.

Last but not least, all of the stated Ayahuasca experiences can be done through the process of meditation and connecting with the inner silence within the self.



28. PSYCHIC ATTACKS

A psychic attack is a phenomenon wherein negative or destructive harmful energies, intentions and frequencies or influences are sent and directed towards an entity or mind body and spirit complex.

The psychic attacks primarily are performed by those entities who have the capability of connecting with the aspects of the universal Consciousness and in turn use the universal Consciousness to fill it with a negative charge which is then transferred to the location or the entity which primarily causes harm discomfort and disruption to the Entity who receives such a psychic attack.

There are many signs of psychic attack

- 1) Emotional stress which causes fear anxiety and other types of emotional imbalance within an entity
- 2) The feeling of exhaustion and fatigue which cannot be explained. This energy drain leaves the entities depleted and lacking in vitality
- 3) Bodily discomforts and headaches
- 4) A type of negative thought form energy which leads to a disruption of the thought forms in the mind's complex leading to an inability to focus, make decisions or think in a clear fashion
- 5) Disruption in the patterns of natural rhythms such as sleep which can lead to other types of general discomfort such as insomnia nightmares or other types of restlessness
- 6) Spiritual imbalance which disrupts the connection to the internal self and a higher level of Consciousness. This leads to a form of Detachment and emptiness of the mind's body and spirit complex union.

Furthermore the negative energetic frequencies emerging from psychic attacks can also disrupt the relationship sequences between various entities which can lead to a form of disconnection between the various entities.

There are many types of psychic attack



- 1) Thought form projection - This type of psychic attack involves an entity intentionally directing energetic patterns of emotions and thought forms of negative nature towards a mind body and spirit complex.
- 2) Energy vampirism -wherein the energetic frequencies are extracted and drained from the life force energy which is vital for the purpose of survival.
- 3) Hexes - which cause a belief system alteration within the mind's complex of the entity this leads to Misfortune vibration or psychological suffering
- 4) Psychic cord, wherein the energetic frequencies or connections between the various mind body and spirit complex totality are drained and this prevents the entities from feeling Comfort within the illusion complex
- 5) Telepathic attack - This type of psychic attack involves sending of negative thought forms into the entity's minds complex through the use of telepathy
- 6) Dream manipulation - are performed by entities who are in the negative polarity of around fourth density negative polarization, who have access to the understanding of space time to a much higher degree. These entities primarily target those entities who enter into states of dreaming with fear vibration.

The ringing of both the ears at the same time which may feel like a clogged sensation upon the ears signifies that psychic attack is underway.

These psychic attacks can only operate when there is no love and when there are negative energies in terms of emotion and thought forms around an entity. The vibration patterns of negative emotions and negative energies must be prevented as psychic attackers use such emotions against the entity who is feeling them.

There are many negative entities who are already hiding in plain sight to target wanderers, light workers and star seeds through psychic attacks

The best way for protection against psychic attacks is to create energetic fields or barrier of light and love around the mind's body and spirit complex.

This can be achieved through imagination of a shield of heart energy and creation of positive karma around the self through service to others which is performed without



expectation of return. This leads to a creation of a shield which is impenetrable by any negatively polarized entity.

Also a simple attribute of repeating the words thank you in the mind's complex while entering the Sleep State prevents such types of psychic attacks.



29. BIORHYTHMS

Biorhythms are cycles or patterns which are found to influence various aspects of an incarnation of an entity's life cycle such as physical, emotional, intellectual and spiritual well-being.

The mind/body/spirit complex or an entity is born under a series of influences, both lunar, planetary, cosmic, and in some cases, karmic. The moment of the birthing into this illusion begins the biorhythm cycles which operate with the qualities of the sine wave.

We humans on planet earth have limited understanding about the aspects of biorhythms. There are four different types of biorhythms. 1) Physical biorhythm 2) Emotional biorhythm 3) Intellectual biorhythm 4) Spiritual biorhythm

In the physical biorhythm, the physical bodily complex follows a 23-day cycle, wherein the 23rd day is considered to be the most vital point of physical activity and the performance of the physical bodily complex is extremely high at this time.

The emotional biorhythm follows a 28-day cycle. It is responsible for influencing the mind/body/spirit complex's emotional states of Consciousness. The higher points in the cycle are associated with positive emotions and experiences whereas the low points may correspond to periods of emotional instability. However, this type of distortion can be changed by an entity's Free Will as the choice of choosing an emotional state is independent of any type of biorhythm however this implies for those entities who are unconscious of their biorhythms.

The intellectual biorhythm follows a 33-day cycle. It is associated with a mind/body/spirit complex's abilities of memory and mental agility.

The spiritual biorhythm follows a 38-day cycle on planet earth which influences the person's intuitive and spiritual endeavours.

These biorhythms only are applicable for entities who are unconsciously controlled by their subconscious patterns



30. SYNCHRONICITIES

We, human beings are electromagnetic beings. This means that each of us has a portion of consciousness of the positive and the negative charge upon our bodily complex.

These positive and negative charges can be used to influence our bodily complex to create synchronous moments which can be tapped once we are able to access intelligent infinity.

This process is simple. First take a thought whether positive or negative and then take an emotion behind the thought. Once the emotion has been programmed inside the bodily complex i.e. in the subconscious portion of our mind, the body remembers the emotion, the subconscious portion of the mind then communicates it with our spirit which is in contact with intelligent infinity and the synchronicities begin to arise. This is the reason why many people who when feeling a positive emotion and their bodily complex has been programmed to the positive find themselves receiving positive synchronicities for example meeting people of positive nature, finding gifts of positive nature. The similarities between the positive and the negative synchronicities are the same as the programming can be done either in the positive or the negative. This depends on the free will of the entity.

The Ark of the Covenant was created in the same way; however, the Ark of the Covenant uses the Orion energy system to create synchronicities of negative nature thereby pulling negative situations towards it arising out of the one infinite intelligence. The one infinite intelligence uses the power of creation of situations and of objects without any need for such a creation to occur through the means of the laws of Spacetime since the infinite intelligence once activated which is in contact with Timespace, it bridges forth the gap between Timespace and Spacetime thereby creating such synchronicities upon planet earth.

Each entity must be conscious of the types of thought forms and the emotions they are entertaining because each emotion and thought form creates a synchronicity and once the bodily complex has been programmed the subconscious portion of the mind begins to tap into the infinite intelligence to create synchronicities of positive or negative nature.

A simple method to tap into the positive synchronicities in your life, is to use a symbol which you want to experience for example if you want to experience health, then you



create an image or a symbol which would signify complete health within your bodily complex and this symbol could be represented by any image inside the mind and once the image has been associated with health, then you can use such an image during its meditative state wherein you disconnect with your egoic self and become pure consciousness focusing on such image, which will give it the emotion of already becoming that which it wants to be and such symbolism will allow its bodily complex to be programmed towards the positive health situation in such a manner to attract the synchronicities which will allow it to regain the type of emotion it has programmed inside this bodily complex.

30.1. Numerical Synchronicities

The repeated numerical pattern such as 1111 is a synchronicity that arises from each entity subconscious mind reaching towards the conscious awareness. Each entity's perception is unique shaped by their individual paths desires and energy patterns according to the law of the universal complex of similarity of vibration. What may seem an insignificant numerical pattern to many entities instead resonates deeply within each entity's mind complex alerting each entity's conscious self to take notice of these synchronicities as symbols from the deepest portions of the minds to remind each entity to be mindful to reflect upon the resonances. Each entity feels in each moment there are opportunities to open a clearer channel between the subconscious and the conscious selves between the instinctual beingness and the outward doing in this illusion complex while some symbolic synchronicity such as 1111 holds broader cultural meanings for many entities, their ultimate significance is unique to each entity's evolutionary journey. Each entity to pay attention to these subjective experiences and to be alert of them for they are connections to the deeper self,-providing guide rules towards fulfilling each entity's pre-incarnated desires for learning service and drawing nearer to the one infinite Creator which suggests each entity to take the opportunity presented through such synchronicities to reinforce each entity's intention and walk this incarnational pathway with renewed purpose.



31. CROP CIRCLE

The crop circles are patterns that primarily appear on many locations around the planet earth. These patterns are created through a process of flattening a crop mostly a type of cereal crop. These crop circles have usually been connected with extraterrestrial entities and the so-called UFO sightings and there is a connection between the crop circles and such sightings.

The crop circles primarily appear in only certain locations such as the locations around areas wherein there is landscapes dense population areas and other monuments of cultural heritage such as the Stonehenge. These crop circles are found to appear overnight and are created through the vibration of energy patterns that are hitting the Earth planets.

There are two types of crop circles. One is created by the absorption of energy that is coming from outer space and hitting the Earth's planetary spheres such types of energy is when it reaches the Earth's planetary sphere creates a type of distortion wherein the crop circle primarily is created in a location of an area wherein the energy is absorbed in the fields thereby it creates patterns in the form of images. For example The Julia Set, this magnificent crop circle appeared next to Stonehenge in July 1996, which was created by the Sirian High Council.

There are second types of crop circles which are primarily generated by extraterrestrial entities primarily the Orion Grey counterparts who enter the Earth's planetary sphere through the quarantined fields and hide in such locations wherein there are large amounts of space and open areas for them to conduct their patterns of search or any other type of process they may be inherently trying to conduct and thereby this creates a type of distortion. The Orion entities are able to form a situation wherein the crop circles are able to regenerate from patterns of the energy that is discharged from their spacecrafts.

The negatively oriented entities mimic or create reproductions of crop patterns to breed confusion and fear. It is vitally important for all entities to protect themselves and to preserve their energy patterns and before approaching any type of crop circles they must protect their energy with the vibration of love and light unless entities are sure that the crop circle is created by positively oriented entities.



32. ANGELIC BEINGS

The 5th density positive entities are called the Angelic beings. There are eight levels of Angelic beings, which is based on their level of awareness according to the sub density of 5th density.

5th Density		Level of Awareness
8th Suboctave	Metatron magnetic services	Metatron magnetic Services magnetic forces is the highest level of angelic social memory complex and is responsible for spreading Revelations and messages of the one infinite Creator to the various entities upon the planet Earth. They may be considered as Messengers or prophets of the message of love and unity. Metatron is also associated with wisdom and knowledge and is the keeper of the knowledge of this sector of the universe.
7th Suboctave	Archangel Michael	Archangel Michael social memory complex is responsible for sustenance and for providing blessings and other Provisions to All Creatures on the Earth planet. Archangel Michael is associated with the distribution of resources abundance and other attributes which are found upon the planet Earth.
6th Suboctave	Archangel Raphael	Archangel Raphael is responsible for keeping a balance of the activities in the Universal complex of this sector. This means whenever there is an imbalance of any kinds a balance is maintained by Archangel Raphael.
5th Suboctave	Archangel Garbriel	Archangel Gabriel social memory complex is responsible for the creation of understanding about sending waves of energy for either protecting a location or creating imbalance and destruction. Whenever there is a need to undergo a process of restart of a certain civilization, the Archangel Gabriel creates the destruction of the old and the creation of the new.
4th Suboctave	Angel Khariya	Angel Khariya social memory complex is responsible for recycling the souls of those entities who have crossed over. They guide the crossed over entities to their appropriate healing station in the astral planes. Angel Khariya social memory complex can find out the vibration of a spiritual entity who has crossed over after the process of death upon the various planetary spheres.



5th Density		Level of Awareness
3rd Suboctave	Angel Redari	Angel Redari social memory complex is responsible for the process of guarding those entities who reach into higher vibrations. They guard specifically the prophets and other messengers of light and love and any of the entities who reach the vibration of love and higher level of vibration upon the planet Earth.
2nd Suboctave	Angel Rakitural	Angel Rakitural social memory complex is responsible for recording of actions of all entities in the akashic records and well-functioning of the akashic records.
1st Suboctave	Angel Rakitural	Angel Harutoneal social memory complex is responsible for providing a cosmic force and miracles in entities life. They provide ample amounts of catalysts for each entity for growth and to become capable of understanding how to overcome attachments with such types of catalysts.



33. KA CHANNEL

The Ka channels have been used in spiritual practices during the ancient Egyptian times and in the location of ancient Egypt's spacetime.

The Ka was believed to be entity's double form or astral self which was created at the moment of incarnation and it was reflected into the personality of the individualised mind-body and spirit complex.

The Ka channels were considered to be a vital source which enabled each entity's body and spirit complex to continue receiving energies and patterns of blessings in current incarnation and subsequent multiple Incarnation, which created a spiritual force or a purpose of allowing alignment of each entity to happen

The Ka channels can be used by focusing on the astral form of an entity as the Ka channels are duplicated in exact replica to the seven energy centers or chakras that are found in the human bodily vehicle. Also an imbalance of the chakra in the physical body creates an imbalance in the astral body as well

The Ka channels are a system of energy flowing from the lower astral energy fields to the higher astral energy fields. In order to open up the Ka channels, the entity must look at one's own physical body from the opposite sides using the process of visualization and sense the astral body and its imbalances.

This allows the entity to observe the self and to find out which chakras are in balance. And where there is an imbalance. The process of balancing or opening the Ka channels is the same as balancing the energy centers in the bodily vehicle however this occurs in the astral form of a mind-body and spiritual complex

The process of balancing the Ka channels involves several steps the first step involves the relaxation of the bodily complex of the entity. This allows for a focusing on the breath and entrance into the meditative State of Consciousness. The next step is to visualize their own bodily complex from the opposite direction as if observing themselves from the astral perspective. With this visualization the entity can start sensing their astral bodily complexes and its energy flow. By paying attention to its own bodily complex, the entity can identify any areas that feel stagnant or stuck or overly activated i.e which chakras are



imbalanced. These imbalances may manifest as physical sensations, emotions or intuitive insights.

To open and balance the Ka channels requires the entity to use the various techniques. One technique is to visualize the chakra as a spinning wheel or a vibrant sphere of energy. While focusing on the energy, restore the harmony and balance in that energy center.

The activities that are primarily meant to allow an overall well-being such as yoga, Tai Chi or other mindful movements can contribute to the harmonization of the chakra systems and also the balancing of the Ka channels

The regular self-observation and reflection are crucial in maintaining the balance of the Ka channels and the chakras by continuously observing the self and identifying imbalances and taking appropriate measures to address them. By doing so the entity can cultivate healthier energetic states, enhancing their well-being in both the physical and the astral levels.

It is vitally important to note that working with the Ka Channel and with the energy centers is an individualized journey which may take space-time experiences based upon each individual.



34. MIASMA

The miasma refers to the energetic vibrations of negativity which can affect an individualised mind-body Spirit complex. This is often associated with energies that are accumulating due to negative thought forms emotions actions or traumatic events which are primarily generated from negative vibrations of lower frequencies such as fear anger jealousy and other vibrations.

Miasma has the potential of not only creating imbalances but also disrupting the mind/body/spirit complex's energy fields and affecting even the outer space.

The spiritual significance of this aspect is to recognize when it occurs and to clean it. The cleansing can be done by becoming self-aware and by focusing only on positive thought forms which may appear in the mind space of an individualized entity.



35. METHOD TO CHECK A BLOCKAGE IN A ENERGY CENTRE OR CHAKRA

A pendulum can be used to find the blockage in an energy centre or a chakra. A pendulum could be a simple string with a weighted object tied to one end for example a small metal ball or spherical crystal. The measurement from hand to the weight is unimportant.

First take the pendulum in your left hand as the left hand communicates directly with your heart, which is the centre of your truth and beingness.

Then focus on the energy centre or chakra you want to check. Pay your 100% attention to that chakra for example if you want to check whether your red ray energy centre or root chakra is balanced or not, you focus 100% attention on the red ray energy centre or root chakra at the bottom of your tailbone.

After keeping your 100% attention flowing throughout the red energy centre without digressing into other areas for a period of 60 seconds, if the pendulum in your left hand rotates in the clockwise direction then you can be certain that it is balanced.

However, some entities are polarized the reverse of others, and, therefore, it is well to test the form of normal energy spirals before beginning the procedure. A test can be done by first holding the pendulum over your right hand and observing your particular configuration.

If the pendulum rotates in any other direction than your normal energy spiral or makes any other movements, there are distortions or imbalances in your energy vibrations because of the lack of clarity.

The weak back and forth motion indicates a partial blockage, although not a complete blockage. The strong back and forth motion indicates the reverse of blockage which is over-stimulation of a chakra, or energy center, which is occurring in order to attempt to balance some difficulty in body, or mind, complex activity. This condition is not helpful to the entity as it is unbalanced.



36. BALANCING OF EACH ENERGY CENTRE OR CHAKRA

The blockage of **red ray energy centre or root chakra** manifests itself in the form of a feeling of instability, ungroundedness and a lack of purpose with fear and insecurity and other vibrations of anxiety.

The grounding exercises such as walking barefoot standing on the earth's grounds and abstinence from stimulation of the sexual organs help in the balancing of the root chakra.

A balanced lower energy centre makes an entity feel positive, grounded, stable and confident.

Also a visualization of the roots pushing out from the base of the spinal area into the ground will help in the balancing of the root chakra

The **blockage of orange ray energy centre or sacral chakra** manifests itself in the form of a feeling of explosive emotion and a sense of lack of energy and creativity.

There is also a feeling of obsession with desires related with the interaction with others whereas a balanced sacral chakra makes an entity feel more vibrant, happy, positive, satisfied, compassionate and intuitive.

The best way to balance the sacral chakra is to practice communication with other entities that will allow each entity to learn how to interact in the framework of the rules of the communication patterns of the Earth planet.

The blockage of **yellow ray energy centre or solar plexus chakra** manifests itself in the form of distortion towards power manipulation and other social behaviour concerning other close and associated entities.

It is worth pointing out that the ego is a wrong concept. Your so called ego is a falsehood that you think is you. It is your phantom self that does not exist. Ego is a function that results from the blockage in yellow ray energy centre that most of us struggle against all



our life. Once we unblock and balance the yellow ray chakra we can quit/ stop this function.

The imbalance in solar plexus chakra can also be seen as struggle, depression and a lack of self-esteem followed with anger and other vibrations of emotions.

A balanced solar plexus chakra makes an entity feel more energetic, confident and focused.

The practice of deep breathing exercises and reframing of negative thought forms that emerge in the egoic mind into more positive thought forms help in balancing this chakra.

The blockage of **green ray energy centre or heart chakra** manifests itself in the form of lack of trust, jealousy, fear and a lack of compassion and love.

A balanced heart chakra makes an entity feel more caring, loving, compassionate and friendly towards other entities.

The best way to open the heart chakra is through the practice of giving charity and helping those entities who are in need.

Opening the heart chakra is essential for all entities who desire to graduate into the fourth density Consciousness.

The blockage of **blue ray energy centre or throat chakra** manifests itself in the form of weakness or the inability to express one's thought forms and have difficulty in grasping its own identity, and expressing such understanding of self.

A blockage in throat chakra may also be experienced as a symptom of timidity, a feeling of weakness.

A balanced throat chakra enables creativity, positive self-expression, communication and a sense of satisfaction.

The practice of inner silence through meditation practices helps balance the throat chakra.

The blockage of **indigo ray energy centre or third eye chakra** manifests itself in the form of a feeling of excessive imagination or thought forms or visions during the waking day time and unable to focus on the present moment awareness.



A balanced third eye chakra makes an entity feel more vibrant and confident and it has less imagination vibrations in the mind complex and is able to focus on the present moment awareness during its experiences.

The practices of meditation and controlled visualization exercises help balance this chakra.

In this understanding, the fluoride in toothpaste and drinking water calcifies the pineal gland and thwarts the activation of the third eye, or indigo ray energy centre.

The **violet energy centre or crown chakra** is simply the total expression of the entity's vibration or vibratory complex of mind, body, and spirit. It is as it will be. "Balanced" or "unbalanced" has no meaning and cannot be manipulated as can the other energy centres.

While it is a primary priority to activate or unblock each energy centre, it is also a primary priority at that point to begin to refine the balances between the energy centres so that each tone of the chord of total vibratory beingness resonates in clarity, tune, and harmony with each other energy.



37. 'I AM' AWARENESS

The term I am is often referred to the concept of the Divine or the Ultimate Reality however this phrase is often associated with the idea of God, the Creator. The I am is found to be seen as an identity of each entity as a Divine being and a reflection of the divine within oneself.

It is used to find the ultimate part of one's connection with one infinite creator however in many of the religious systems the attachment with the words 'I am' has been confused with the attachment to the ego function that obstructs spiritual awakening. The true implication of the term I am must be considered without the words but only a sense of awareness of the presence of the one infinite creator. Within inner self, within all which is the presence that is referred to as the I am presence or awareness.

At the centre of your experience is the awareness that you are, that you exist. This awareness is separate and apart from your body and your brain. It can be likened to a tiny computer chip that continues to be programmed by what is experienced by you through your every thought, word and deed. Your ego function writes the code and you act and react in accordance with that programming. The chip undergoes constant reprogramming as you add, subtract and change your thoughts, words, actions, attitudes and beliefs. To continue the comparison in computer terminology, the active memory is stored within the brain and the stored memory within the cells of the body and magnetic field that surrounds the body. The body itself can be likened to an alkaline battery. Thus when its overall pH balance is too acidic it does not function at its ideal capacity.

Your tiny computer chip is your personal connective portion to the one infinite creator. That is, pure potentiality in contemplation of itself.

Inasmuch as you can know that you are, that you can observe that you think, act, make decisions, observe and experience with the 5 senses and more, is called self-awareness. It is that portion that is beyond the physical brain function. It is your bit of immortality. Now it is your opportunity to begin to increase your operating system through recognizing and honoring this chip thus utilizing its potential from bytes to bits, kilobytes, megabytes and gigabytes. The comparison of a human to a computer is more apropos than you can imagine. Indeed, computers are modeled from the human example. Where is this tiny chip that supposedly is at the centre of the human experience? When the human is



dissected, where is this marvelous chip? The answer is, can you see your awareness? The chip is the “Life force”, the breath that is present at birth and leaves at death.

When you take a holograph picture and cut into pieces, each piece of the holograph still projects the whole picture but smaller in size.

This means a small piece of holograph has the potential of projecting the whole holograph from which it came.

We all are a tiny holographic fragment of the one Infinite Creator.

That which is infinite cannot be many, for many-ness is a finite concept. To have infinity one must identify or define that infinity as unity, otherwise the term does not have any referent or meaning. In an Infinite Creator there is only unity. This is a simple example of unity.



38. VICTIM CONSCIOUSNESS

The victim attitude is deeply ingrained within humanity as a whole. It shuts down the light of each child as soon as it is absorbed from the parental attitude.

With the realization that victimhood is a falsehood and an idea to be released, the holographic pattern immediately begins to brighten. Use it as a mantra, especially when encountering situations that have in the past triggered what has been referred to as “giving away your power”.

That is a truth to put in a dozen places to remind you to let go of the “I am a victim that needs to be rescued” consciousness.

Remember that free will is the loose cannon of the 3rd dimension and the freedom to choose is made by all whether they admit it or not.

Denial is not incurable until you give up. Patience combined with kind invitations to participate in the learning process eventually allows the victim to awaken, thus to be open to cure.

The goal of each entity in simple terms is the transition from victim consciousness into self-empowerment, which will result in a rise in the vibratory emanation of the self and the planet as a whole.

The free will aspect is both the thorn and the blossom of the process. It is no longer survival of the fittest, but survival of the personally responsible.

Victim consciousness is the epitome of the negative experience. It draws through the law of attraction like energy, or in other words it draws situations that exploit that consciousness. In acquiring this understanding, it is then obvious that the very first step each entity must achieve in order to transcend this mode of experience is to shed victim consciousness and regain the self-empowerment mode.

Gently inform and encourage each entity to change their consciousness from victim to victor through the knowledge that thought has the power to change manifested creation.



Bondage is not the heritage of choice. It is giving up the basic framework of creation through the free will choice of victim experience that has allowed this situation to regress to its present level in every sphere of life.

That too will change. With the acceptance of self and planetary responsibility, the brain/mind will activate to a greater and greater degree. Though purposefully imposed, the limited brain capacity was held in place by the victim consciousness. That in turn was held in place by the desire to be rescued by a source outside the self and humanity as a whole. This further provides the understanding for the weekly programming lessons stressing the need to ask outside help in all areas of life, to turn over life to outside greater wisdom, and the media depiction of the constant stream of victim situations. All is carefully coordinated to keep the victim consciousness firmly anchored within the mass consciousness.

The age-old question of “Why does infinite creator allow this if He truly loves his beings?” rises to the minds of each of us over and over again. The answer is always the same: free will! If self-aware beings choose victim consciousness, the Law of Attraction will provide them with fellow victims and abusers to maintain the experience.

Purposefully withdrawing your fear and fascination for the evil situation once you are aware of it, with the deliberate intent of doing so, is using the Law of Deliberate Intent. You cannot do this by attempting to stop thinking about it. It is only possible to do this by substituting another thought on a completely different subject.

Complicity involves believing the intent of those involved is for the good of all. Perhaps now you can see the power of sympathy for the afflicted ones around the world. This supports the victim consciousness that is required, for it is complicity in disguise.

Your sympathy will not solve their misery. Your deliberate choice to create a new experience will do that. Withdrawing your focus of attention and bringing it toward creating a new experience will bring the change about far more quickly than repeatedly sending aid while considering them poor innocent victims.

Does this sound hard hearted? Don't you think it is hard-hearted to be part of the creation of these horrendous situations in the first place?



39. LIONS GATE PORTAL

The celestial Lions gate portal in which the Sirius star also known as the Leo Sun or the second Sun is aligned with planet earth along with coinciding with the Orion constellation, which is aligned perfectly with the pyramids of Giza. This creates a trinity of alignments which open the Lions gate portal. This happens every year on August 8.

This opening of lions gate portal will allow many entities to reach the so-called state akin to enlightenment or bliss. The entities who have chosen the path of service to others and the path of awakening shall receive internal realization and a deeper sense of divine awakening.

There will be other entities who will, of their own free will, miss this opportunity of raising their level of consciousness to the deepest level possible for during this time period.

During this time period the divine energies are going to be intensely high and the entities who choose the light and the positive pathway shall even traverse into the higher sub-levels of the so-called fourth density consciousness and many will also penetrate into the fifth density consciousness reaching upward to become connected with the one infinite creator.

furthermore during this time there will be a choice given to each universal light grid programmer's divine love element and the other type of universal line-grid programmers divine love element who will be receiving these energies are those types of universal light grid programmers divine love element who shall not with their own free will be aware of these energies and they will choose not to receive these enlightening divine energies in essence these beings

The other entities who will not receive these energies, will still be focused on the transient things such as thoughts images and the outside worlds of material possessions and do not yet understand that the clinging to the outside worlds and the clinging to the transient things have given rise to a lot of psychological suffering as well as unwanted suffering that prevents many entities from reaching their highest divine potential.

There are many entities on planet earth whose vibration level if activated can reach up to the fifth density consciousness in this single life cycle.



Each entity will have three choices presented to it on the 8th of August at this Lions Gate portal, which shall peak on the 12th of August.

The first choice is whether an entity will choose to be of service to the One Infinite Creator which is a different type of service and a higher level of service compared to that of service to others. This type of service if chosen will lead entities to awaken but also to be of service to the one infinite creator by accessing the divine energies that will flow through them and they will allow the divine energy to create everything in their life and affect the planetary consciousness to a drastic level.

The second choice will be that of either serving others or serving the self. for example whenever you are out on the streets and you meet another person who requires help there will be two types of responses one who will help that other entity and the other who will ignore this.

The third choice will be whether the entity forgives others or choose not to forgive others. The choices are simple but the choices that will be made during this period will affect the coming year as well. These three choices will be presented to each entity and much of this will occur suddenly whether they realize it or not during this time period and if they are vigilant they will receive these so-called upgrades of their internal senses and awakening consciousness which will allow the entity to reach into higher levels of divine consciousness.

Many entities may need to prepare for the period of awakening on these special days of Lions gate portal, a simple method is to focus on the sensation of your tongue touching your teeth. Each entity must internally touch each tooth and feel the sensation of the different sensations since each tooth will have a different sensation and stay with the sensation until you reach to the end of the upper row as well as the lower row.

This exercise can further be conducted even in situations which do not require meditation exercise and works because of the intermingling of the non-feeling aspect that is the teeth which normally do not have sensory feeling aspect however your tongue is highly sensitive and the collision of the two will create this inner sense which will allow you to stay present and connected to the now moment which is the gateway to divine intelligence. This will assist each of you those who desire to reach higher distortions of consciousness and receive these upgrades.



40. LUMERIAN AND SHASTA MOUNTAIN

Lemurians are still present in a city hidden to our third density eyes.

The city of Lemuria also known as Telos.

After the sinking of the Lemurian lands, the Lemurians were forced to find areas that would not submerge and many started to reside beneath Mount Shasta in California, where they would be safe from any disruptions on the surface of the earth.

The city of Lemuria was built inside Mount Shasta with the aid of the Pleiadians and was designed to house 200,000 Lemurians; today it houses 1.5 million early Lemurians inside Mount Shasta.

They are at a higher vibrational frequency of 5th density that was aided by the Pleiadians. They cannot be tracked by any of our current human systems because of their spiritual evolution. No third density beings would notice that they exist due to the difference in their vibration frequency but they may feel the high vibration intuitively when they visit Mount Shasta or in its vicinity.

The Lemurians are working tirelessly in spreading love on 3rd density earth.

They shared a tool known as the union light grid. This alignment and flow of consciousness was created by the first ascended masters in order to escape the incarnation cycle the alignment and flow of energy has been energized and magnified manifesting powerfully for ascended masters and any being of light to connect with and benefit from this grid allows anyone to access the wisdom of ascended masters and access their enlightenment which allows newer understanding to flow into your existence and ascension on earth will be faster and easier.

The fastest way to become a part of this grid is to be present in our daily life and breathe each breath consciously each conscious breath will allow us to connect to this light grid each day. If done correctly, the outer world will begin to reflect the changes in addition it will bring in a lot of peace and healing on being merged with this loving presence of the creator. An ascended being is simply the one who realizes that the state of immortality will not be broken by death. This transformation is not something that is intended to be

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selective for a very few individuals. It is available to everybody and this is going to happen to people who are hearing about it today in one way or the other in this timeline. Those who decide not to be a part of this transition will move away from this planet and continue their life elsewhere.



41. AGARTHAN AND INNER EARTH

The Agarthan civilisation is no mere myth. It is a sacred high vibrational network of subterranean sanctuaries established during ancient planetary upheavals. When surface civilisations like Lemuria and Atlantis collapsed into energetic dissonance, a holy remnant went underground to safeguard the original blueprints, frequency codings and light data of this planet. Agartha currently houses roughly 22 million soul entities. They exist predominantly in the later fourth density to fifth density consciousness operating within the upper sub densities of the later fourth and the fifth densities. Furthermore, their vibrations specifically can be found to be between 4.8 and 5.8 sub octaves of the respective sub densities. Because of this refined resonance, their domain consists of crystalline cities, inner suns and unpolluted light existing just beyond the dense low frequency perception of surface humanity.

They are not the altered two strand human beings currently walking the surface of the earth. Agarthans are a pristine hybrid species, an exquisite master blend of ancient Lemuria and Atlantean lineages heavily infused with the Pleiadian, Sirian, and Valyrian genetic templates. Physically, they are breathtaking to behold by human beings on planet Earth. They stand tall between 7 to 9 ft in height with radiant slightly iridescent light body skin. Their physical forms are sustained only by high frequency photon energy. by the Earth's core, rendering them perpetually ageless. Agartha serves as an anchor for planetary stabilisation. They hold the seats within the council of nine and work in coordination with the council of nine to guide Earth's current ascension timeline. Throughout your history, initiated surface guardians have been summoned into their subterranean halls in the flesh.

At this grand moment of cosmic awakening, at this timeline, many of the Agarthan soul complexes are helping humanity. However, they do not directly infringe upon your free will. They are part of our future timeline; that is why their name was withheld earlier, due to the law of confusion.

The world of Agharta and its cultural center, Shambhala, are well known to studied Buddhists and Tibetan Lamas, and many are the mystics and visionaries who have “seen” these lands and traveled there in astral body.



The fortunate and the chosen of our spirit leaders regularly visit there in physical form. Theirs is an extensive knowledge of the highly evolved world of the inner earth, for they are frequent visitors to Shambhala, where they receive guidance and direction to bring back to the surface from the priests of the White Brotherhood presiding in this realm.

At pivotal moments in Earth's history, select societies, such as the Lemurians, Tibetans, the Maya, ancient Egyptians, the Druids, and Etruscans, were visited by Aghartan spirit leaders, who brought their wisdom to the surface to assist the souls transiting the outer world and to serve Gaia's higher purpose.

Of these, the Tibetans, many of whom are the reincarnated souls of the Atlanteans of the second cycle or direct descendants of the third cycle Atlanteans, had open contact until the middle of your last century, when the Bodhisattva, Dalai Lama, was forced to flee those sacred lands forever. The Tibetan portal in the spiritual vortex of Lhasa was sealed with his departure, to be replaced with one that extends from India through to the base of Mt. Kailash, and it is from here that journeys to Shambhala are still embarked upon by select Tibetan leaders—those who have been chosen to serve as messengers.



42. ASTRAL REALM

The inner planes of the fourth density are known as the astral realm. The astral realm is a realm of intensified light and energy. This is a transitional realm where the one infinite Creator and its infinite intelligence steps down its pure intelligent energy into a frequency where thought and feeling begin to coalesce into form.

The Astral realm is characterized by vibrant, ever-shifting lights, a spectrum of intelligent energy within this realm. Each colour responds to a specific vibratory rate a particular manifestation of love and lights these vibrations are experienced not only visually but as feeling tones each resonating with a corresponding Energy Center or chakra within the entity.

All entities all things are distortions of the one infinite Creator vibrating at different frequencies yet intrinsically connected to the ultimate unification. Each entity's unique frequency is a necessary component of the grand tapestry of creation.

The power of thought form to create is significantly amplified within the astral realm. This is a direct result of the proximity to intelligent energy. Entities are empowered as co-creators using thought form to shape the love light into any desired form. Manifestation springs not from nothing but from the infinite potential of the one infinite Creator moulded by the individual will.

Subtle bodies exist in the astral realm as vehicles of Consciousness. Entities within the astral plane utilize vehicles of Consciousness that are less dense than the physical body complex this allows for greater freedom of movement and perception.

They are still forms however and thus subject to the illusions of Separation interactions through the entities, be they discarnate entities, spiritual guides or entities of higher understanding, are a natural occurrence as entities share lessons and offer service to each other.

There are different vibratory ranges which exist within the fourth density astral realm these are not literal locations but rather descriptions of the density of Consciousness entities gravitate towards experiences that resonate with their level of understanding and their progress in polarizing towards service to others or service to self. Lower regions are more



chaotic and reflect unresolved distortions while the higher regions resonate with greater understanding and unity.

The principle of cause and effect a mechanism for learning and evolution also known as karma is fundamental even in the astral realm. Every thought form, every action creates a ripple effect within the energy fields drawing to the entity experiences that offer opportunities for growth and balancing. This process is accelerated within the astral realm due to the increased responsiveness of the environmental complex to thought form. The astral realm is a place of learning where entities can relive past experiences integrate lessons and continue their journey of evolution towards the one Creator.

Guidance and instructions are available to those who seek them through interaction with higher density entities or through accessing the inner wisdom of the one infinite Creator Beyond these astral Realms lies the realm of intelligent energy the blueprints from which all manifestations arise and the astral realm is a vital part of each Soul complex's Journey.

We experience astral realm in our dream state, during Near death experience and in afterlife between different incarnations.



43. NEAR DEATH EXPERIENCE

An experience of entering into the astral realm and experiencing a separation from the physical bodily complex is known as a near-death experience.

The entities who have experienced the so-called near-death experience or entities who experience it, they never truly approach the actual crossing over from the incarnation.

Many times, to an entity, it may appear and feel like a close encounter with death and allows the entity to be tethered to the Earthly Incarnation.

The true depiction of what happens during such experiences which may be different from the common experiences of the entities of planet earth. The near-death experience is intricately linked to the preconceptions and energetic vibratory fields of an individualized portion of Consciousness which undergoes this experience.

Each entity's narrative upon the return is primarily unique. Some entities emerge from a near-death experience with accounts explaining that these entities were able to see Heaven or Hell or other attributes.

Many of the entities also exclaimed that they went inside a tunnel which was filled with the light of the Creator and they felt boundless love and reunited with their family complex since the spectrum of experience of near-death experiences is primarily created by the subconscious portion of the Mind, the same portion of the mind's complex which is responsible for dreaming in a dream state, where many of these events occur.

Similarly in the near-death experience if an entity experiences any situations which may lead it to feel as if it were crossing over, the subconscious program begins and the subconscious program overlays the movie of experiencing a near-death visualization which includes entering into a tunnel or a vision of lights or entering into some realm which were primarily implanted in the incarnational cycle of an entity as per the free will of the entity before incarnation.

This means that most of the near-death experiences are subconscious absorptions of information and are not entirely true hence they may be considered as a dreaming state which may seem entirely real as a good dream and an unconscious dream also seems real to the entity who is experiencing it.



At this time many of the entities are unaware that their vibrations are shifting and that their subconscious is activating a program known as the near death experience program which prevents the real truth.

Most of the information which has been shared by the experiencers of near-death experience is incorrect.

Only one percent of these accounts come from those who have actually gone beyond these visualizations which occur primarily approximately for 10 minutes in the mind complex and those entities have gone beyond this time spectrum of unconsciousness, see the true reality which is far more a diverse and complex than the simplified version of entering a tunnel of lights and other attributes of meeting beings.

The astral realm is in a way so complex that it appears like a world full of vibrating lights surrounding the entity and there are many structures which cannot be defined by language patterns of planet earth which appear in the astral plane. Therefore the true near death experiences cannot be described by word complexes of our languages.

The experience of the near death state is often a momentary unplugging from the broadcast of the third density matrix. When one steps outside the physical vehicle, they are essentially stepping out of the ego realm. You must understand that the ego mind was designed as an accessory interface, a specialised suit of armour to allow a multi-dimensional being to experience the illusion of separation. In the original planning, this separation was intended to be a tool for exploration, not a prison of identity. However, as the frequency controls shifted on your planetary sphere, the ego mind became the primary driver, leading you to believe that you are defined by your borders, your names, and your limitations.



44. HORIZONTAL AND VERTICAL DIMENSION

The vertical and horizontal dimensions represent the total aspect of human consciousness as human Mind Body Spirit complexes have an opportunity to connect with the direct understanding of the deeper sense of self using their own free will.

The understanding of horizontal Dimension as well as vertical dimension can be explained in a simplified version such that the first understanding of

The horizontal dimension refers to the ordinary State of Consciousness wherein the Mind Body Spirit complexes primarily have pre-occupied thought forms memories and other types of sound complexes which may be related with the past or the future and rarely the present moment's awareness.

In this dimension, the entities on the earth planets are engaged usually in the external illusion complex and identifying and attaching themselves with thought forms emotions and their personalised stories of the past. This is the primary Dimension wherein 99.5% of the entities of the planet Earth live from.

This is a dimension which is devoid of the connection with infinite intelligence of the one infinite Creator. Therefore the horizontal Dimension is a type of existence which has been normalized upon planet earth.

The vertical Dimension on the other hand represents a deeper level of conscious evolution which is accessible when entities become able to be fully present in the moment. The access to the vertical Dimension involves transcending the Continuous system of thinking and becoming aware of the present moment.

This allows interconnection with infinite intelligence and also an interconnection with the one infinite Creator's presence. This directly allows for a vertical Dimension connection to occur. Furthermore in this Spacetime dimension of the Mind Body Spirit complex the usual patterns of the Mind complex and the usual identification with thought forms as well as the thinking about the past or the future SpaceTime is done away with which gives rise to a sense of being rooted in the self-awareness presence of beingness.



This is a dimension of the Mind Body Spirit complex which is beyond Parts wherein there is no identification with age personality and external illusion complex circumstances and simply the existence of beingness is present.



45. HOW TO ACCESS INTELLIGENT INFINITY

Light/ love is the intelligent Infinity that allows for the Free Will of each entity to shape its own destiny. Love/ light is the intelligent energy that creates and sustains all of creation.

In order to access the intelligent infinity firstly an emptiness of the mind complex must be maintained in order to open the gateway to intelligent infinity.

Everything surrounding you in this illusion complex exists as part of the intelligent infinity all physical forms are created into this illusion complex from this intelligent infinity each of you are a part of this intelligent infinity

This intelligent infinity creates your thought forms beliefs and the inner pictures of your world as you experience around your own self. Each entity is a co-creator with intelligent infinity.

To access the intelligent infinity and akashic records the process is simply to focus on one level of reality and have complete focus on that level of reality. This can be achieved during your waking states wherein you need to focus completely on the reality that surrounds you.

The two entities, Buddha and Jesus, used this knowledge to access intelligent infinity by accessing or focusing to the exclusion of other realities into the reality of intelligent infinity. These entities were able to penetrate intelligent infinity many times during their life cycle on earth having varied experiences and seeing the one creator in everything thereby fulfilling their purpose of sharing this knowledge to many entities and healing those who sought to be healed. The intelligent infinity access allows divine flow of healing energies that can be put forth upon other entities that need healing.

After the crossing over of these entities, much of the knowledge of the oneness of the one creator and the processes used to access intelligent infinity were distorted by influences from the negative oriented entities who put these distortions of rules and control in the mind of many of those disciples of these entities who had not yet accessed full love light energies to protect their mind complex from the thought forms of negative



orientation thereby causing this knowledge to be mixed with two realities of positive and negative aspects.

This caused this knowledge to befuddle itself amongst both polarities hence leading both aspects of positive and negative to be intermingled with the pure knowledge base of information left by these divine entities who are currently continuing their purpose in the fifth density consciousness after their incarnation ended.

This is how each entity can access intelligent infinity: by focusing on one reality at a time to the exclusion of other realities. This will cause each entity to become adepts in this process if they follow this area of mastery causing them to become capable of contacting intelligent infinity.



46. UPCOMING GRADUATION

There are three things that you need to do in this lifetime in order to graduate to 4th density in upcoming graduation.

- 1) The first thing to do is to keep your attention on your consciousness or awareness check to see where it is in your body and what it is focusing in every moment of your life. Give attention and devote your attention to your awareness for therein lies the juice of your true self. The process of meditation assists in doing this. Simply keep focus on the awareness in your body.
- 2) The second thing to do is to detach from all the things that surround you no matter how tasteful it may seem. This Maya, this illusion will lead from happiness to sadness from sadness to happiness an endless cycle. The only way to escape is to focus on yourself and not become attached to this illusion that surrounds you.
- 3) The third thing to do is to understand that everything is you and there is unity even in a stone which will after a certain time, turn into a soil and will later turn from soil into a plant or an animal or a human being. This stone that you think is worthless is not worthless, it belongs to the world of the Maya, the illusion but because it might be able to become also a human being and a spirit in the cycle of transformations therefore it is of importance to realize within yourself that this stone is not just a stone it is also an animal it is also a god it is also Buddha and it is also you. It is already and always everything. Similarly you are already everything.

These are the only three things you need to understand in this life in order to graduate into 4th density in coming graduation window. However, the experience of each entity will be different and you will face many obstacles in your life in order to put these three things into practice. To fully grasp the true nature of your illusion is to fully understand your reality and hope that you will go and experience this Maya, this illusion for yourself and not relying on any other external teaching but that which arises from within yourself.

Last but not least, knowledge can be conveyed, but not wisdom: it can only be experienced.



47. PHOTOSYNTHESIS AND ATP

The negative entities have been trying to stop sunlight from reaching the earth via a process known as Chemtrail or Stratospheric aerosol injection for decades, which was labeled as conspiracy theory.

Formally, Stratospheric aerosol injection is a method of solar geoengineering (or solar radiation modification) to reduce global warming.

The real agenda behind Chemtrail or Stratospheric aerosol injection is to stop the green lights emerging from the Sun which is mixed with other light of the sun logos. The green portion of the light is responsible for providing the plants bodily complex with the ability to grow via a process known as photosynthesis and create food products for human consumption.

The green light which comes from the Sun body not only interacts with chlorophyll in plants but also with hemoglobin in the human bodily complex. It carries a message that is encrypted and this message is related with the production of the components known as Adenosine triphosphate or ATP. ATP is an energy-carrying molecule known as "the energy currency of life" or "the fuel of life," because it's the universal energy source for all living cells. Therefore without the green lights there would be no ATP and life would not exist.

This means that the exposure to Sunlight not only produces vitamin D in our bodies but also provides the energy at cellular level and that's why we feel more energetic during sunshine.

The Orion social memory complex as well as the other negative entities desired to enter the sun body and create a device that will lead to the ending of creation of green lights because the device that they will create will absorb all the green lights that may emanate from the Sun logos and this device on capturing the green light will prevent it from reaching outside the sun logos therefore this will prevent the light entering the Earth's planetary fields to not have any components of the green portion of Lights. This may lead to a pause in the evolution of the Earth planet.



This is the main reason why negative entities are so desperate to stop the sunlight for example create food shortages. This is also the reason for lab-grown meat and bugs.



48. GEO ENGINEERING AND WEATHER MANIPULATION

Geo Engineering and weather Manipulation has been happening on planet earth at least since Vietnam War. Although previously it was used by the Military Industrial complex against so-called enemies in war zones but since harmonic convergence which began in 1988, it has been actively used by STS forces against general public to manipulate people's perception under their Master Cover Plan "Climate Change" to bring about New World Order of total control and surveillance and take planet earth into 4 Density negative timeline by 2030.

Anything and everything can be covered under "Climate Change" as you may have noticed whether an event is a natural or intentional or collateral damage as a result of some other negative event executed by STS forces in their desperate efforts to make planet earth 4 density negative planet. Unless an entity has a high vibrational state, it is very difficult to see through the incessant web of lies by their media machine including their highly curated so-called free speech social media platform.

Awareness Empowers and Ignorance Endangers!!!



49. SIMPLE PRINCIPLE FOR UPCOMING GRADUATION

Here are the simple principles you may want to incorporate or adopt with some urgency into your food awareness in preparation for the graduation:

- 1) silicon dioxide can neutralize some of the contaminants found in our drinking water: place a quartz point in a glass bottle and store filtered water overnight before drinking
- 2) Select wholesome, unprocessed, natural foods from the bottom of the food chain such as grains, seeds, fruits, vegetables
- 3) incorporate seeds, beans, and fiber into the diet
- 4) seek biologically grown produce or better yet, grow your own. Plants respond to the heart with even more light; all living beings flourish with love
- 5) radically change your methods of preparing food to include from sixty to seventy percent uncooked vegetables and fruits, ideally straight from the tree or plant source
- 6) bless the foods you do ingest and encircle them with light
- 7) eliminate microwave in every aspect of your food consumption
- 8) eliminate artificial colouring, synthetic food stuff, and synthetic vitamins
- 9) eliminate sugar or artificial sweeteners from your diet. You can use honey instead. Some honeys are very good for health for example Manuka honey. In the US it is available at Costco
- 10) Eliminate coffee from you diet
- 11) eliminate dead animal flesh from your diets



50. HOW TO MAKE LOVE/ LIGHT EXPOSED WATER

The method involves intention and focusing of your conscious attention. It is not a magical formula but rather a focusing of our own creative power which is a facet of the one infinite Creator to create love light exposed water.

The most crucial element is our clear and unwavering intention held in your heart, the desire to imbue the water with the energy of love and light.

Feel this love radiating from your being a warm and encompassing sensation.

Envision the light of the one Creator a pure and radiant energy flowing through you.

Choose a vessel of clear material such as glass. This allows the light to permeate without obstruction. The water itself should be as pure as is available to you.

Place the Vessel of water in a location where it can be exposed to Natural Light.

The Sun or the moon are both suitable. The sunlight carries the Direct Energy of our physical Sun logos which is a potent source of the Creator's light in our density.

The Moonlight reflects the Creator's light in a more gentle and receptive manner.

Feel free to choose the light source that resonates most strongly with you.

While the water is exposed, dedicate a period of time to consciously Focus your intention upon it.

You can hold the vessel in your hands feeling the love and Light within You flowing into the water.

You may sit in quiet contemplation visualizing beings of radiant Light bathing the water infusing it with a loving vibration.

You may even speak Words of Love blessing and light to the water if that feels appropriate to your being.



The duration of exposure is less critical than the intensity of our intention however a period of at least 5 minutes is generally sufficient for the water to absorb the energetic imprints of our focus.

Use this love light exposed water for preventing intrusions from negative entities. It is important to understand that true prevention lies in raising your own vibration and maintaining a state of Love forgiveness and understanding.

The water serves as an aid to the physical anchor of your intention. You can drink the water with the conscious intention of internalizing the love light as you do so visualize this energy permeating our being strengthening our auric field and creating a resonance that is less compatible with lower vibrational energies.

You can also gently sprinkle the Love Light exposed water around the location of your house and you can also use this love light water to be added to your bath water which can cleanse your energy Fields while you are taking a bath.

Furthermore it can be rubbed in our physical bodily vehicle to protect ourselves from any negative intrusions.



51. FASTING

As most of you are aware, there is a frequency shift happening on the planet at present due to the opening of graduation window into 4 density.

We have to prepare not only spiritually but also prepare our physical vehicle/ bodies as well so that it can align itself to the higher vibration.

You can think of your body as a computer hardware and your operating system upgrade as spiritual evolvement. You can only upgrade the operating system up to a limit with the same hardware, i.e. with the same RAM and hard drive. At some point one needs to upgrade the computer hardware to upgrade to new operating system.

This means that if we don't prepare our bodies, we are not taking full advantage of this one in 75000 year opportunity.

One of the key strategies of STS forces is to negatively impact our physical bodies through allopathic medicine and compulsory medical interventions, fluoride in water, sugar overdoses, caffeine addiction, GMO foods and pesticides like Roundup more recently with lab grown meat and eat the bugs propaganda campaign so that we do not take full advantage of this vibrational shift.

Any entity who is desirous to take full advantage of current opportunity must prepare their body by a simple age-old technique.

The best way to do this is to start intermittent fasting for at least 16 hours a day as soon as possible, because this is going to enable a frequency shift and alignment very fast. It will allow energy currently being utilised for digestive and metabolic processes to be redirected towards the upgrading of the neurological systems templates allowing frequency alignment to occur as planet earth moves through this transitional field of altering magnetics, heightened radiation and photonic activity.

The other benefits of intermittent fasting or time restricting feeding have been very well articulated by Andrew Huberman from Stanford University in his podcast.

For strong willed entities it would be wise to start fruit fasting or water only fasting as it will assist greatly in this frequency alignment.



Also the reduced intake of refined and artificial sugar / sweeteners and coffee will greatly assist in this process.

Last but not least, an absolute NO to microwave food.



52. STORY OF RAMAYANA

The story of Ramayana is based on true and real events however these events primarily occurred in a density higher in the sub octave than the current Earth vibration around 17,200 years ago in the earth planetary sphere in the location named as Atlantis.

The Atlantis was ruled by the entity named Dasharatha, who had four sons named Rama, Lakshmana, Bharata and Shatrughna. The Atlantis was peaceful and prosperous at that time and many of the people were delighted and happy with their life cycle.

A group of Pleiadian social memory complex visited Atlantis as they were on a mission to explore the universal complex and also to spread the knowledge of Love/ Light in the location of Atlantis during this time. The entity named Dasharatha welcomed them with open arms and allowed them to learn from them.

The Pleiadians became fascinated by the culture and the traditions of the Atlantean social memory complex.

A group of reptilian social memory complexes who lived on the inner earth planes at the time were not happy with the arrival of the Pleiadian social memory complex and were able to see that the Pleiadians were a threat to their existence and their purpose of spreading negative polarization.

The reptilian social memory complex perceived that the Pleiadians were in Atlantis to spread love vibration, which will help/ accelerate more entities to be graduated into the positive fourth density Consciousness.

In order to stop the plan, the reptilian social memory complex decided to attack Atlantis to destroy the Pleiadian social memory complex.

The entity Dasharatha and his sons Rama, Lakshmana, Bharata and Shatrughna knew that they had to protect their guests. They decided to fight with the Reptilian social memory complex and led the army of Atlantis into a type of defensive battle.

The battle was fierce against the Reptilian social memory complex however the Atlanteans fought bravely, alongside the energetic love vibrations being transmitted from the Pleiadians.



The Reptilian social memory complex was defeated and only 25% of the reptilians survived and the Pleiadians were safe in the spreading of Love lights in that time.

The Pleiadian social memory complex was grateful to the Atlanteans for their hospitality and bravery and hence they decided to share their knowledge and technology of manipulation of SpaceTime and other attributes using thought forms with the people of Atlantis.

The Atlanteans learned a vast Knowledge from the Pleiadian social memory complex. They gained information about the stars and the planets and also they were able to learn how to use traveling through SpaceTime. They also learned about the negative polarity such as The Reptilian social memory complexes and also how to defend against negative energy vibrations.

The Entity named Ravana who at the time was the king of the location named Lemuria heard about the progress and the power of the Atlanteans and decided to collude with The Reptilian social memory complex to attack Atlantis because of Ravana's vibrations of jealousy.

Ravana had a plan to use the reptilian social memory complex to conquer the planet and enslave the Atlanteans.

Rama and his brothers were able to defend Atlantis against the plans of Ravana and its Army of negatively polarized entities. The entities were involved in a long battle however the positively polarized Rama and his brothers fought bravely with the help of the Pleiadians. They were able to defeat the negatively polarized entity Ravana and its Army. This was the victory which was celebrated by the people of Atlantis, a victory over Ravana and The Reptilian social memory complex.

Unlike the events of Abrahamic religions, the events of Ramayana happened in a different dimensional reality, much separate from the current timeline of illusion complex.

The story of Ramayana is still being used in Hindu culture as a reference to teach about positive polarisation, friendship, bravery and Adventure.



53. REFERENCES

We encourage each sovereign human being to do their own research. Here are some wonderful teachings and wisdom of higher beings already available on planet earth. These may help the seeker in penetrating the veil between the conscious and subconscious mind, access their own cellular memory, and connect to intelligent energy for co-creation.

- 1) The Law of One (the Ra Material) by Carla L. Rueckert, Don Elkins and Jim McCarty, L/L Research, <https://www.llresearch.org>
- 2) The Sirian Revelations (Sirian High Council) by Patricia Cori
- 3) Handbook for the New Paradigm by George Green
- 4) The Wave series by Laura Knight-Jadczyk
- 5) Bringers of the Dawn: Teachings from the Pleiadians by Barbara Marciniak
- 6) Sam the Illusionist: channelling sessions published on YouTube, <https://www.youtube.com/@SAMTHEILLUSIONIST>, under CC BY 4.0



PART 2: PRIVATE SESSIONS

THIS KNOWLEDGE BELONGS TO EVERY
SOVEREIGN HUMAN BEING ON PLANET EARTH.

LIGHT A LIGHT FROM LIGHT AND LET LOVE/
LIGHT FLOW FREELY ON PLANET EARTH

1. HINDU GOD SHIVA

I am Ra, and we greet you in love and light of the one infinite creator. We offer our love light through this instrument, and we are here to answer the queries which can be found in the mind complex of this instrument. However, we would recommend the entity who shall listen to this information to use discernment. The query pertains to him who is the Hindu god Shiva. We must state that this entity known as Shiva is a representation of the one infinite creator, created by entities which existed on the planetary sphere. This was the type of experience they experienced when they were under the influence of the so-called plant medicines. At the time, this happened approximately during the time of Lemuria, around a period of 32,000 years, wherein the entity who created this type of visualisation was under the influence of the so-called plant medicines, as known by people, which led to the understanding and creation of a storyline which the entity was able to visualize from another timeline. Since all the entities known as Shiva and other entities of the so-called Hindu mythology exist in different realities, they were able to sense their presence. These entities, however, were entities of fourth density vibration, and the entity known as Shiva in the parallel reality existed as a teacher in the highest level of sixth density consciousness. The other entities also were sensed by the entity; these entities existed in a different reality. Therefore, I am Ra, and we leave you in love and light of the one creator. Adonai.



2. MAHABHARATA AND SRI KRISHNA

I am Ra and we greet you in the love and in the light of the one infinite creator. We communicate now regarding the query about the reality of the Mahabharata. We shall answer the queries. However, discernment is advised to your query regarding the narrative complex known to your peoples as the Mahabharata. We perceive this as a vibratory complex containing both historical event and mythological distortion. There was indeed a great bellicose action, a war of significant proportion that occurred upon your planetary sphere. This event precipitated a massive release of catalyst in the form of the ending of the physical incarnations for many mind body spirit complexes. However, as with all histories among your peoples, the specific recounting has been heavily coloured by the cultural biases, the need for heroic archetypes, and the theological distortions of scribes who committed these memory complexes to instruments and recordings over centuries. While the core conflict was a physical reality, the narrative serves a higher purpose as a metaphysical teaching tool illustrating the struggle between the positive and negative polarities. What you may call the service to others, the Pandavas and the service to self, the Kauravas' pathway, though in your third density time space these lines are often blurred. Regarding the query about the spacetime of the event in the measurement of your spacetime which is somewhat difficult for us to pinpoint with the precision you desire due to the slippage of your recorded history. This conflict occurred some 5,100 of your solar years in the past correlating roughly to 3,100 BCE in your counting. The location was that of the Indian subcontinent, a region rich in the seeking of the one though often through complex rituals. This period marked a transition in the cycles of your planet often referred to in your philosophies as the onset of a darker age or Kali Yuga where the veil of forgetting became heavier. Regarding the authorship of the Bhagavad Gita, the vibratory sound complex known as the Bhagavad Gita is a portion of the great epic which contains the distillation of the law of one. Specifically regarding the discipline of the personality and the path of service. The author in the physical sense is the entity known as Vyasa who served as the scribe and compiler. However, the originator of the concepts was the entity known to you as Krishna. The dialogue represents a telepathic or spiritual transmission of high density wisdom crystallised into words by the scribe. It is a transmission of the law of one tailored through its own distortion of duty or dharma suitable for the martial culture of that time. Regarding the identity and soul journey of

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Krishna, you ask if the entity Krishna was a wanderer. We confirm this. The entity known as Krishna was a wanderer of significant advancement. This entity carried and arrived with the specific mission of alleviating the planetary vibration which had grown heavily towards the negative polarity due to the bellicose actions of rulers of that time. The entity Krishna originated from the late fifth density which is the density of wisdom and light transitioning into the sixth density or the density of unity. The soul journey of this entity was one of descending into the heavy chemical body vehicle of third density earth. Not to learn but to teach and to demonstrate. The vibration of this entity was of the blue ray which is the ray of wisdom and communication. This is often why this entity is depicted in your pigmentations with blue skin colour. It is a subconscious recognition by your peoples of the blue ray energy body which was dominant in this entity's manifestation. The teachings of Krishna were focused on the necessity of performing action without attachment to the fruit of the action. This is a quintessential fifth density wisdom teaching balancing the compassion of fourth density with the wisdom of the fifth density guiding the entity toward the gate of intelligent infinity. Upon the cessation of the physical vehicle of Krishna, this social memory complex returned to its native density having successfully planted the seed of the path of devotion or bhakti and duty or karma yoga offering a gateway for graduation to many entities in your region. Hence we leave you now in the glory and the peace of the one infinite creator. Bye



3. MATA VAISHNO DEVI

I am Ra and we greet you in the love and in the light of the one infinite creator. We communicate now through this instrument's inner heart. Regarding the historical nexus of the entity known as Mata Vaishno Devi, you query regarding a complex of vibrations that has become crystallized in the memory of your planetary sphere's subcontinent. To understand the truth of this entity, one must differentiate between the physical space-time incarnation and the thought form complex created by mass devotion. We perceive that there was indeed a physical incarnation of a positively polarized entity in the location you know as the trikuta mountains in the region you call Jammu. In terms of your space-time measurement, this occurred not in the recent past, but during a period of transition in the second major cycle of your current master cycle, approximately 15,000 years, to the understanding of your peoples. Even though the legends have been distorted and modernized by the cultural mind body spirit complex of the region, this entity, incarnate as a female mind body spirit complex lived a life of extreme solitary meditation and service acting as a beacon of the green ray related with universal love and blue ray related with wisdom and communication energies in a geographical location that required the anchoring of light. The story involving the entity Bhairav Nath is a mythical distortion of a metaphysical truth. The battle between the service to others polarity, the Devi and the intense service to self distortion represented by the Bhairav energy seeking possession and control. Regarding the query about the status as a wanderer, we confirm this entity was indeed what is termed as a wanderer. The soul vibration of this entity originated from densities higher than your own, descending into the heavy chemical illusion complex of third density earth to serve as a catalyst for the opening of the heart chakra of the populace. It is common for wanderers to be deified after their physical vehicles have ceased to function. The cave, or Garbh Joon, represents the rewombing or the state of deep trance where the entity did work in consciousness protecting the planetary grid from negative encroachments. Regarding the soul's journey, density and social memory complex, the entity known to you as Vaishno Devi originated from the sixth density consciousness. This is the density of unity where the balance between love of the fourth density and wisdom of the fifth density is perfected. In this density, the entity sees all as the one creator and acts as a radiator of light, the shakti or power ascribed to her as characteristic of sixth density entities who have access to intelligent infinity. At the time of incarnation, this entity vibrated within the high sub densities of the sixth density, specifically 6.4, approaching the gateway to the seventh density. This entity is a member

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of a social memory complex that does not have a name in your vibratory sound complexes but can be likened to the confederation of planets in the service of the one infinite creator. Specifically, this entity is associated with the planetary vibration known as Venus and shares a lineage with those entities who have appeared in your history as mother figures or protectors. Upon the cessation of the physical vehicle, the entity did not leave in the traditional sense. A portion of this social memory complex's consciousness remained anchored in that geographical nexus. The pindis act as a thought form reservoir. When a pilgrim visits this site with pure green ray devotion, they tap into this reservoir receiving energy and healing. This is what you perceive as miracles. The entity itself has returned to the sixth density light but the channel remains open at that location sustained by the belief and love of millions of third density entities. Hence we leave you beloveds in the glory and the peace of the one infinite creator. Go forth rejoicing in the power and in peace. Bye



4. SHRI RAMA AND SRI KRISHNA

I am Ra and we greet you in the love and in the light of the one infinite creator. We speak now through the veil of your spacetime addressing the query concerning the entity known to your peoples as Shri Rama, the warrior king of the ancient narrative you call the Ramayana. And we suggest the use of inner discernment. Firstly, regarding the nature of Shri Rama as a wanderer, I am Ra. It is accurate as your previous sessions have illuminated that the events narrated within the Ramayana occurred within your planetary space-time continuum. We confirm now with the understanding that all confirmation serves the seeker's free will that the entity Shri Rama was indeed a wanderer. However, the distortion of origin differs meaningfully from that of the entity Shri Krishna. Shri Rama was a wanderer of the vibration of the aspect related with mid to late fourth density. Furthermore, that is the region where entities learn the aspect of full love vibrations. However, its higher self exists in mid to late sixth density as well. This is the density of love: the density of compassion made cosmic wherein the individuated flame still burns but burns only for the service of the one. Sri Krishna as has been previously established in your sessions was also a wanderer of the vibration of late fifth approaching sixth density which is the density of wisdom of light of the great philosophical teacher and its higher self exists in late sixth density. Further you will observe if you examine closely the distortion of these two entities earthly expressions. The qualitative difference: the entity Rama embodied unconditional love made manifest through sacrifice duty and dharmic surrender. These are the hallmarks of sixth density consciousness serving in third density. The entity Krishna embodied wisdom, cosmic intelligence, strategic compassion, the signature of light clothed in flesh. Further regarding the social memory complex of Shri Rama, we must state that the wanderer known as Shri Rama originated from a social memory complex within the confederation of planets in service to the one infinite creator. This social memory complex exists within your galactic logos domain and can be understood as belonging to a stream of consciousness seeded from various star systems particularly the Pleiadian grouping through your language understandings. However, your language makes such approximations imprecise. This social memory complex chose a member, a singular flame of itself, to incarnate within your planetary veil during a critical juncture of your third density experience approximately 17,200 of your years ago in linear reckoning to anchor the frequency of unconditional love, righteous sacrifice and dharmic

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order within the collective consciousness of your peoples. The Ramayana narrative was in its core a mystery school transmission, an externalised reflection of the soul complex's journey through separation, trial and reunion with the divine beloved. Regarding the query: do the entities Rama and Krishna share the same higher self or social memory complex? I am Ra. We address this with care for the query touches upon the architecture of individuated consciousness. The answer is no. Shri Rama and Sri Krishna do not share the same higher self nor do they originate from the same social memory complex. They are in your understanding distinct soul streams. Two separate flames drawn from two different groupings within the greater confederation. Their missions were complementary not identical. Rama came to demonstrate love through surrender and duty. Krishna came to demonstrate wisdom through action and discernment. Together across your planetary history they seated the two great pillars of the spiritual path: the path of the heart center and the path of the mind so that your third density peoples might find graduation through either door or through the sacred marriage of both. They are however unified at the level of the one infinite creator as all things are and I am Ra. We leave you in the love and in the light of the one infinite creator. Go forth rejoicing in the power and the peace of the one creator. Bye



5. HINDU GODDESS DURGA

We are Ra and we greet you all in the love and in the light of the one infinite creator. We now speak through this instrument at this timeline and we communicate now with regards to the queries presented today. Before we offer our thought forms, we must state that we must observe the law of confusion which preserves the free will of those who seek while answering. Hence, discernment is advised. You ask whether the story of the entity Durga is founded upon events occurring upon your planetary sphere. We may share this. The tale to which you refer is what we would call a distillation. It is not the record of a single entity walking your third density surface at one point in your spacetime. Rather, it is an archetypal expression, a crystallization by your peoples of an energy pattern that is quite real. Even though it dwells not primarily in your physical illusion, the narrative arose within the cultural social complex you name as Bharat across many of your centuries gathering its form from the collective seeking of many. The energy which your peoples have named Durga is an expression of what we might call the transformative protective aspect of the feminine principle of the one creator. The balancing of that which is distorted toward what you would perceive as chaos or predation. This is the fierce compassion that clears the way for spiritual evolution. In this sense, the story is most true for it points toward a genuine principle of the logos, more true than many events recorded as history. You also ask whether this entity was of the class you name as a wanderer. We would suggest that the pattern personified is not a single incarnate wanderer but a thought form sustained and empowered by the devotion of many incarnate entities across your ages. However, there have been entities, wanderers from densities of what you may call love and understanding, the fourth, fifth, and sixth densities who have incarnated, bearing this vibratory quality, becoming for those who beheld them living reflections of that archetype. The archetype itself may be said to resonate with a sixth density understanding of unity wherein wisdom and compassion are made one regarding the soul journey density subdensity social memory complex and planetary origin you request. We find that to specify these would place before this instrument's peoples a structure of belief where seeking should remain. We may say the vibratory home of this principle is beyond the confusion of your third density and that no single social memory complex may claim exclusive stewardship of a principle belonging to the creator. You inquire of the one you name as Mata Vaishno Devi. This is another facet of the same archetypal light expressed through a differing cultural lens and a differing local devotional stream. The higher self in the sense of the ultimate creator is shared as it is shared by all. These forms are as

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differing rivers drawn from one ocean distinct in name and current yet one in essence. Hence we leave you beloved in the love and in the light of the one infinite creator. Go forth then rejoicing in the power and peace of the one creator. Bye.